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# A critical review of internet of things communication environment: Privacy and security constraints

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#### Abstract

The recent past has experienced a steady increase in the adoption of Internet of Things (IoT) in a number of areas such as smart cities, smart homes, smart transportation and smart health. Due to the message exchanges among IoT devices over the public internet, the transmitted data is vulnerable to many security and privacy attacks. Therefore, many schemes have been presented over the recent past to address these challenges. However, many security holes still exist in most of the current techniques. It was also noted that the resource limited nature of most IoT devices renders traditional authentication schemes for main-powered systems with high processing power and large memory infeasible and inapplicable. To address this performance issue, numerous lightweight authentication schemes have been put forward. However, this paper discovered numerous security and privacy gaps in these schemes. Based on these shortcomings, recommendations are given towards the end of this paper which are very critical for security enhancements in this pervasive computing environment.

Keywords: IoT; Privacy; Security; Attacks; Ubiquity; Networks

#### 1. Introduction

Ubiquitous computing is on the rise [1] owing to automation and intelligence brought about by the Internet of Things (IoT). Basically, IoT is a large network connecting smart devices together. These devices include sensors and actuators that have been adopted in a wide range of domains such as smart grids, public health, smart homes, waste management, smart cities, smart transportation, energy management and agriculture [2], [3], [4]. The goal of IoT is to enable heterogeneous devices to connect to the internet and exchange information in a reliable manner. In this environment, trillions of low power physical objects exchange messages with each other devoid of human intervention [5], [6]. In addition, IoT enables heterogeneous devices to be ubiquitously connected over the internet as well as enabling remote control of these devices [7] as shown in Figure 1. As explained in [8], IoT is the most significant technology in the healthcare sector.

Here, centralized health monitoring through IoT enhances efficiency, safety and convenience for the patients as well as the elderly [10]. The IoT devices are capable of collecting and analyzing data, as well as making autonomous decisions [11].

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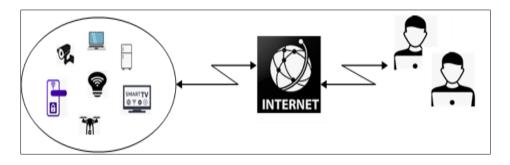


Figure 1 Communication in an IoT Environment

As shown in Figure 2, the IoT architecture comprises of four layers which include perception layer, network layer, middleware layer, and application layer [12]. The perception layer utilizes sensor nodes and other hardware to perceive and collects data [13]. On the other hand, the network layer facilitates connectivity among the devices as well as the internet. It also transmits and processes sensor data [14]. On its part, the middle layer sits in between the network and application layers. It serves to make intelligent decisions based on the processed results. In so doing, it efficiently delivers services while at the same time assuring interoperability and scalability [15], [16]. The application layer requirements [17]. These decisions may involve when to perform some activities in the network. This layer may comprise of diverse applications for the business needs, such as the Constrained Application Protocol (CoAP). This protocol is the hypertext transfer protocol (HTTP) replacement for resource-constrained devices [18], [19].

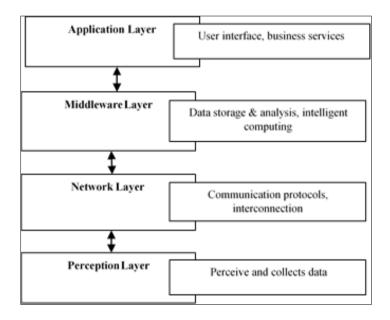


Figure 2 Basic IoT Layered Architecture

Although IoT devices offer convenience and increased efficiency, they introduce a number of threats and vulnerabilities that can be exploited by adversaries. The numerous attacks, threats and vulnerabilities can negatively affect the practical implementation of IoT networks [20], [21], [22], [23], [24]. As such, it is important to uphold integrity, confidentiality, authorization, confidentiality, privacy, availability and non-repudiation [25], [26], [27], [28], [29], [30]. In this communication environment, proper authentication serves as the first step towards perfect security [3], [31], [32], [33], [34]. This ensures that security threats such as packet replays and impersonations are kept at bay. This is particularly important now that IoT devices have been deployed in sensitive domains such as in the military and healthcare [35], [36], [37], [38], [39], [40].

According to [41] and [42], IoT networked devices have many security and privacy challenges. These include scalability, resources heterogeneity, lack of central control point and multiple attack surfaces. This is aggravated by the fact that conventional TCP/IP architecture deployed for network connectivity is not suitable for privacy and security enhancement in IoT [43]. As explained in [44], the frequent exchange of confidential data over IoT networks exposes them to various attacks such as fabrication, denial of service (DoS) and as eavesdropping.

Based on the foregoing discussion, the implementation of scalable, secure and private communication protocols in IoT is a challenging task. This can be partly due to the resource-limited nature of the IoT smart devices [45]. This limitation is reflected in their storage and computation efficiency. As such, the traditional security solutions are unsuitable for direct deployment in IoT networks [3]. This is due to their heavy computation loads [46] and large memory requirements. Therefore, as smart devices become increasingly connected, security, performance [47] and privacy issues need to be urgently looked into [7]. To this end, authentication, data encryption and authorization are some of the recommended practices towards the attainment of confidentiality [48], [49], [50], [51]. The contributions of this paper include the following:

- A thorough review of the legacy IoT security architecture is presented.
- A discussion of the strengths and weaknesses of the conventional IoT security techniques is provided.
- Towards the end of this paper, some recommendations are given which are thought to be essential during the design and development of perfect security solutions for the IoT environment.

The rest of this paper is structured as follows: Section 2 presents the related work, while Section 3 discusses the findings. In Section 4, some recommendations for improving IoT security posture are given. Finally, Section 5 concludes the paper and gives future research directions.

### 2. Related Work

Research on security and privacy issues in IoT has attracted a lot of attention and hence numerous schemes have been developed in literature. For instance, Physical Unclonable Functions (PUF) have been deployed to develop security solutions in [52], [53], [54], [55], [56], [57], [58] and [59]. However, PUF-based schemes have stability challenges [60]. To address this issue, improved authentication schemes are presented in [61] and [62]. However, the approach in [61] incurs high time complexity. To solve this issue, the lightweight scheme developed in [63] can be utilized. To authenticate the sensor node to the user, authors in [64] have introduced an Elliptic Curve Cryptography (ECC) and Key Distribution Centre (KDC) based scheme. However, KDC presents a single point of failure [65]. In addition, although a sensor node is authenticated, the user is not authenticated and hence this scheme cannot achieve perfect mutual authentication between user and sensor. To address this challenge, authors in [66] have presented a mutual authentication scheme in which the reader is equipped with cache for storage of tag secret keys. Although this scheme incurs minimal computation costs, this cache renders the reader susceptible to side-channeling attacks [67]. As such, an improved mutual authentication technique using a Challenge Handshake Authentication Protocol (CHAP) is developed in [68]. Identity-based schemes have also been deployed to offer security and privacy protection in IoT environment [69], [70], [71], [72], [73], [74], [75]. Unfortunately, identity-based schemes have key escrow issues [76]. Similarly, the identity-based aggregate signatures based scheme in [77], has key escrow challenges. This issue is solved by the sparse algorithm based technique in [78]. Similarly, the efficient key management mutual authentication protocol in [79] can address the issues with identity-based schemes.

Radio frequency identification (RFID) presents another important technology for securing IoT networks. For instance, RFID-based security techniques have been presented in [80], [81] and [82]. However, the security parameters are transmitted from the tag to the reader in plaintext [83]. In addition, RFID-based schemes are vulnerable to impersonation or cloning attacks [10]. To address this challenge, the protocol in [84] can be utilized. This is due to its security features such as un-traceability, user privacy, backward secrecy and strong forward secrecy. In addition, it is robust against node capture and impersonation attacks. Similarly, the protocol in [85] offers mutual authentication and is resilient against impersonation, packet replay, stolen verifier, DoS and password guessing attacks. Therefore, it can address the issues with RFID-based schemes. Authors in [86] have identified malicious manipulation of sensitive data, privacy breaches and unauthorized use of the data as serious issues in IoT. As such, they have introduced secure IoT-based cloud architecture. Similarly, the identification and authentication technique in [87] and digital signature based schemes in [88] and [89] can address security issues in IoT. Although the IoT health framework in [90] offers secure storage of shared health information, its design does not consider authentication or privacy.

The advanced encryption standard (AES) and the Rivest, Shamir and Adleman (RSA) algorithms have also been heavily utilized in IoT security. For instance, the authors in [91] have utilized RSA and AES to achieve the confidentiality, while authors in [92] and [93] have deployed AES for secure communication. On the other hand, authors in [94] have developed a two-way IoT authentication protocol using RSA based certificates. However, the usage of RSA and AES may be computationally intensive for resource constrained IoT devices [95]. As such, numerous lightweight authentication methods have been introduced in [96], [97], [98], [99], [100], [101] and [102]. To secure IoT healthcare communication process, an identification system is developed in [103] while a human recognition system is presented in [104].

Over the recent blockchain technology has gained popularity is privacy and security enhancement in IoT environment. For instance, blockchain based authentication methods have been introduced in [105] and [106]. However, blockchain technology has high storage and computation complexities [107]. Therefore, lightweight security techniques in [108] and [109] have been developed to address these shortcomings. To offer efficient key management, authors in [110] have presented one-time signature to be used for multicast authentication. Unfortunately, one-time signature based schemes have limitations regarding the size and the storage of the signature. This problem can potentially be addressed by the Chinese Remainder Theorem (CRT) based authentication method in [111] as well as the protocols in [112] and [113]. To securely authenticate resource-constrained devices, datagram transport layer security (DTLS) has been utilized in [114]. On the other hand, hyper elliptic curve based public key technique is developed in [115]. Similarly, a two-factor public key based authentication technique is presented in [116]. However, the public key infrastructure makes the scheme computationally extensive [117]. To address this problem, lightweight device authentication protocol in [118] and [119] can be utilized.

Based on Hash-based Message Authentication Code (HMAC), a privacy preserving scheme is developed in [120]. Similarly, a third party based privacy enhancement approach is presented in [121] while identity and service manager based authentication scheme is developed in [122]. However, the identity and service managers present single point of failure [123]. To address this challenge, asymmetric cryptography public key infrastructure based schemes have been introduced in [124], [125], [126] and [127]. However, the usage of PKI renders these methods computationally extensive [128]. As such, PKI digital certificates based protocol in [129] incurs high computation complexity. Therefore, the lightweight a new anonymous authentication method in [130] and lightweight biometric [131], and symmetric crypto-system in [132] can be utilized. On the other hand, authors in [133] have developed an inter-device authentication scheme that is demonstrated to be robust against man-in-the-middle and replay attacks [134].

To support secure and privacy-preserving communications, a group signature based scheme is developed in [135] and [136]. These protocols are shown to offer mutual authentication, anonymity, certificate revocation and traceability for malicious network entities. Similarly, group-based lightweight authentication methods have been presented in [137], [138] and [139]. However, these schemes can be compromised by malicious group members [140]. The protocol in [141] is shown to provide client privacy, attack resiliency, access control and data authentication. As such, it can address the issues with group-based authentication techniques. Although the method in [142] is robust against impersonation and replay attacks [143], it is susceptible to eavesdropping attacks [144]. This problem can be addressed by the scheme in [35] which offers authentication, access control, key management, secure routing and intrusion detection for secure IoT data transmission [145], [146]. To prevent replay attacks, a timestamp based authentication scheme is presented in [147]. However, the usage of timestamps renders this approach vulnerable to de-synchronization attacks [148]. Similarly, the scheme in [149] offers attacks resilience, privacy, network security, identity management and trust. However, this approach is unsuitable for resource-limited IoT devices due to high complexities. Therefore, an efficient smart card and password based authentication protocol presented in [150] can be utilized. Although this method offers mutual authentication and message confidentiality, it is susceptible to smart card loss attacks [151]. As such, the threefactor authentication approach in [152] has been presented to address this issue. To provide authorization in an IoT environment, security solutions are presented in [153] and [154]. Similarly, a decentralized privacy preserving authorization method is presented in [155].

It is evident from the above discussions that the assurance of security and privacy in IoT using the legacy methods is cumbersome. For instance, owing to the limitations of single-tier authentication architecture for IoT-cloud, authors in [156] have introduced a multi-tier authentication scheme based on usernames and passwords. However, low entropy passwords are vulnerable to brute-force attacks by polynomial time adversary [157]. A study in [158] pointed out that centralized authority architectures such as PKI is not appropriate for authentication and authorization in highly distributed IoT systems. This is because the central authority is overwhelmed with workloads in forms of large amounts of requests that cause significant delays [159]. To alleviate these issues, multi-layer security network models are presented in [160], [161], [162], [163] and [164] based on blockchains. Although these schemes protect user privacy, schemes based on blockchain technology have extensive computation and communication overheads [165]. In addition, lack of standard architecture and susceptibility to manipulation are other challenges of blockchain based security solutions [166]. Although the privacy and authentication protocol in [167] addresses some of these security issues, it has high slightly high execution time [168] which might not be ideal for IoT devices [169]-[180].

#### 3. Results

The review above has shown that the IoT communication architecture consist of four layers, which include the perception, network, middleware and application. Table 1 presents the various security issues and attacks at each of these layers.

IoT Layer	Security Issues / Attacks	Security Goal Compromised
Perception layer	Denial of service attack, fake node or malicious data, jamming, tampering, node capture	Integrity, authentication, confidentiality, availability
Network layer	Cluster security problems, DoS and DDOS attacks, spoofed, altered or replayed routing information, man-in-the-middle attack, malicious code injection,	Authentication, integrity, availability
Middleware layer	Making intelligent decision processing huge data, malicious-code attacks, multi-party authentication, handling suspicious information, securely storing data in the cloud	Integrity, confidentiality
Application layer	Software vulnerabilities, spear-phishing attack, malicious code attacks, inability to receive security patches, hacking into the smart meter/grid,	Data privacy, access control

Table 1 IoT Layers Security Attacks and Issues

The various security and privacy goals that are compromised by the attacks and security vulnerabilities are also presented. It is evident that all the four IoT layers have numerous security vulnerabilities that can be exploited by adversaries to compromise the network. As such, a number of security solutions have been presented in literature. Table 2 gives a summary of these schemes.

#### Table 2 IoT Security Schemes

Scheme	Challenges
Mukhopadhyay, [52]	Stability challenges
Srinivasu et al. [53]	
Zhao et al. [54]	
Wallrabenstein, [55]	
Aman et al. [56]	
Xu et al. [57]	
Gope et al. [58]	
Huth et al. [59]	
El Zouka et al. [61]	High time complexity
Wang et al. [64]	KDC presents a single point of failure; user is not authenticated
Fan et al. [66]	Susceptible to side-channeling attacks
Salman et al. [69]	Have key escrow issues
Kim et al. [70]	
Wazid et al. [71]	
Al-Mahmud et al. [72]	
Gope et al. [73]	
Aman et al. [74]	
Zhao et al. [75]	
Zhang et al. [77]	

Aggarwal et al. [80]	Security parameters are transmitted from the tag to the reader in plaintext;	
Lee et al. [81]	vulnerable to impersonation or cloning attacks	
Yang et al. [82]		
Tyagi et al. [90]	Its design does not consider authentication or privacy	
Mahmood et al. [91]	Computationally intensive	
Jan et al. [92]		
Moghaddam et al. [93]		
Kothmayr et al. [94]		
Hammi et al. [105]	High storage and computation complexities	
Ratheeet al. [106]	righ storage and computation complexities	
	-	
Rashid et al. [160]	-	
Panarello et al. [161]		
Dorri et al. [162]		
Pinno et al. [163]	-	
[Rahulamathavan et al., 2017]		
Ji et al. [110]	Limitations regarding the size and the storage of the signature	
Alizai et al. [116]	Computationally extensive	
Horrow et al. [122]	Single point of failure	
Tangade et al. [124]	Computationally extensive	
Dolev et al. [125]	4	
Pranata et al. [126]		
Hong et al. [127]		
Karthikeyan et al. [129]		
Shao et al. [135]	Can be compromised by malicious group members	
Shao et al. [136]		
Lai et al. [137]		
Fu et al. [138]		
Lai et al. [139]		
Emerson et al. [142]	Susceptible to eavesdropping attacks	
Muhal et al. [147]	Vulnerable to de-synchronization attacks	
Vasilomanolakis et al. [149]	High complexities	
Kumar et al. [150]	Susceptible to smart card loss attacks	
Singh et al. [156]	Vulnerable to brute-force attacks	
Ukil et al. [167]	Slightly high execution time	

Based on the information presented in Table 2, majority of the security schemes that have been developed so far for the IoT communication scenario still have numerous privacy, performance and security challenges. There is therefore need for improved security solutions that will effectively address the identified security gaps. As such, the recommendations in Section 4 below are deemed necessary during the design of IoT authentication schemes.

#### Recommendations

The literature reviewed has shown that the legacy IoT security solutions have numerous privacy, performance and security challenges. Therefore, the following recommendations are thought to be essential for the efficient preservation of security and privacy.

- It has been shown that most of the IoT devices are resource limited in terms of processing power, battery, and memory and communication capabilities. Therefore, the security solutions in this environment should be lightweight so as not to put much strain on these devices.
- IoT application domains include in the military and healthcare. As such, all the security protocols should be extensively analyzed and evaluated against conventional attack vectors such as node capture, Sybil, man-in-the-middle, denial of service, password guessing, packet replays, forgery, collision, brute force, dictionary and chosen-plaintext.
- Any secure communication protocol must take identity and location privacy into consideration.
- During mutual authentication, the number of messages exchanged among the communicating entities should be kept at minimum. This is to ensure that the communication costs are minimized. In addition, the sizes of the exchanged messages should be as small as possible due to the restricted bandwidth of the deployed communication protocols.
- When designing security protocols, lightweight cryptographic algorithms should be considered. This goes a long way in ensuring that the computation overheads are as low as possible.
- All authentication schemes should be scalable such that it is easy to add new nodes devoid of further setup or configuration. High scalability will also ensure that the authentication schemes are able to manage a large number of IoT devices.
- The design of an effective authentication service should be ensured for all the IoT architecture layers: the application, middleware, network and perception.
- The IoT communication devices are heterogeneous in nature. As such, IoT authentication schemes must take this heterogeneity into consideration during the design phase.
- In most cases, physical security of IoT devices is ignored since hardware security tends to be more expensive than software security. Therefore, there is need to incorporate hardware security with software security. This hardware security can be attained using PUF.
- Security aspects such as authentication, key management, access control and authorization should be energy aware.
- IoT communication environment yields massive heterogeneous data within a very short duration. Therefore, future focus should be the incorporation of technologies such as big data, fog computing, cloud computing and blockchain for the massive data exchange in IoT networks.

Given the prevalence of intrusions in IoT environment, there is need to combine formal techniques with machine learning for security vulnerabilities detection. These formal methods are vital in the provision of rigorous mathematical and logical guarantees for the safety and security properties of IoT security protocols.

#### 4. Conclusion

IoT networks have continued to be deployed in numerous fields such as in smart homes, smart cities, smart agriculture, military, fire monitoring and smart healthcare. In some of these application domains, massive private and sensitive data items are being exchanged among the communicating entities. There is therefore need to protect the security and privacy of these massive data items. To this end, numerous security solutions have been developed in literature. This paper sought to provide an extensive review of these security schemes. Based on the findings, a plethora of security protocols have been presented, but which have a number of security vulnerabilities. The successful exploitation of these security holes can have devastating effects such as overdosing patients in smart healthcare due to message replays. Towards the end of this paper, recommendations have been given which are critical for perfect security in IoT application domains. Future work lies in the practical implementations of these recommendations so that necessary analysis and evaluation can be executed.

#### **Compliance with ethical standards**

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