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Limnology of the Ndongo stream (South-West Cameroon): wastes management, water physicochemical quality and phytoplankton species richness

Daniel Brice Nkontcheu Kenko ^{1, 2, *}, Fabiola Mba Maffo ¹, Aimerance Donhachi Kenfack ³, Constantin Alega Amougou ⁴ and Norbert Tchamadeu Ngameni ²

¹ Department of Animal Biology and Conservation, Faculty of Science, University of Buea, Cameroon.

² Department of Animal Biology, Faculty of Science, University of Dschang, Cameroon.

³ Department of Agriculture, Livestock and Fisheries Sciences, Advanced School of Agriculture, Forestry, Water Resources and Environment, University of Ebolowa, Cameroon.

⁴ Department of Plant Science, Faculty of Science, University of Buea, Cameroon.

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Abstract

Freshwater ecosystems are subject to anthropogenic contaminants. This study aimed at assessing waste management stratagem by the local population and implications on water abiotic variables as well as phytoplankton species richness of the Ndongo stream, South-West Cameroon. For this purpose, 144 structured questionnaires were randomly administered to inhabitants around the stream to assess wastes management practices. Water and phytoplankton analysis was done in three selected sites. The mainstream of inhabitants (67%) dumped wastes in facilities provided by the Buea Council. The sorting of wastes before disposal was not common among respondents (72%). Recycling of wastes was done by only 37.8% of inhabitants. Half of the respondents (50.7%) claimed being ready to contribute financially for waste management while 81.2% said they were aware of the consequences of poor waste management. The main source of domestic water in the area was tap water (89.6%) and the Ndongo stream was mainly utilised for washing clothes (47.9%). Water abiotic variables that exhibited significant spatial trends included conductivity, TDS, velocity, width, depth and flow rate. There was no significant difference in the spatial distribution of temperature, pH, salinity and dissolved oxygen. The phytoplankton community was made of 36 species distributed in 37 families. Taxa such as Lynbya sp., Oscillatoria sp. and Closterium sp. were found in all the sampling sites, making them resident species of the stream. The sampling site at the lower course of the stream had the highest phytoplankton species richness. The highest algal pollution index was found in site 3at the lower course of the stream. Species richness had a positive and nonsignificant correlation with temperature, conductivity, TDS, salinity, velocity, depth and discharge. Water pH, dissolved oxygen and width had a negative and non-significant correlation with species richness. The local population should be educated on wastes management and its implications on the environment.

Keywords: Wastes; Phytoplankton; Freshwater Ecosystem; Ndongo Stream; Aquatic Biota

1. Introduction

Water is an indispensable natural resource [1] and freshwater streams in particular are an important natural resource for humans, providing water for agriculture, industry and domestic use [2, 3]. Inland waters in addition to their rich biodiversity are used for many purposes such as fishing, aquaculture, production of electricity, agriculture, navigation, tourism, water supply to urban and industrial areas, and disposal of wastes [4]. Inland waters have a very rich biodiversity including viruses, bacteria, fungi, algae (periphyton and phytoplankton), macrophytes, protozoans, invertebrates (rotifers, flatworms, nematodes, annelids, sponges, molluscs, crustaceans and insects) and vertebrates

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^{*} Corresponding author: Daniel Brice Nkontcheu Kenko; Email: kenko.daniel@ubuea.cm

(fishes, amphibians, reptiles, birds and mammals). These aquatic organisms interact with each other and abiotic factors to guarantee a sustainable ecosystem [5]. The aquatic biota is closely linked to water properties and changes in water abiotic variables will affect their population structure. For instance, phytoplankton, that form the basis of aquatic food webs may be used a biomonitors of water abiotic condition [6-11]; macrophytes are very useful in nutrient and heavy metals retention and may be exploited in the bioremediation of polluted ecosystems [12, 13]; groups such as macroinvertebrates have been reported to be good bioindicators in tropical freshwaters bodies [14-19].

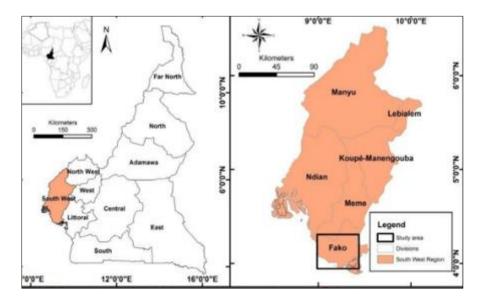
The continuous cycling of water from atmosphere to earth and oceans, and back again make water vulnerable to environmental pollution [2, 20]. The aquatic ecosystem is being threatened by many sources of pollution that may lead to reduced economic potential and severe consequences on human health [21]. There are four main sources of aquatic pollutants including industrial wastes, municipal wastes, agricultural run-off and accidental spillage [22]. Contaminants find their way into the aquatic system through leaching, run-off, spray drift, soil erosion and volatilisation wherein they exhibit toxic effects on non-target organisms [23]. Aquatic pollutants such as heavy metals are able to accumulate in water, sediments and fish such as *Oreochromis niloticus* and *Coptodon rottae* [5]. Moreover, agricultural pesticides have been reported to be very risky to the aquatic ecosystems, modelling moderate to high risk to water, fish, *Daphnia* and primary producers [24-26] as well as amphibians [27, 28].

The Ndongo watersheds belong to the mono-modal equatorial agroecological zone of Cameroon in which two main studies are documented on water physicochemical quality and phytoplankton diversity; one on the Benoe stream, assessing the bioindication potential of phytoplankton [6] and one in the Tiko plain, assessing the effect of agriculture [8]. It is a necessity to document more bioindicators as each stream has its own characteristics influenced by climatic, geomorphological and hydrological factors within the hydrographic basin, making it an individualized ecosystem [29]. The Ndongo stream in the Fako Division (South West Cameron), takes its sources around Wokoko (Buea), passes via Molyko (Buea), Mile 16 (Buea), crosses Mutengene and the Tiko plain, where it enters the mangrove to join the sea. As a result, the water body may be subject to anthropogenic pressure with many implications of water quality and the biota. In order to contribute the limnological studies in Cameroon, this work aimed at assessing wastes management stratagem by the local population and implications on water abiotic variables as well as phytoplankton species richness of the Ndongo stream, South-West Cameroon. The outcome of this work is better proposals for wastes management, and other forms of anthropogenic pressure on freshwater bodies, in order to avoid stream contamination.

2. Material and methods

2.1. Study area

The study was carried out between November 2018 and June 2019 in Buea, the capital of the South-West Region of Cameroon. Buea lies in the Eastern slopes of Mount Cameroon. The Ndongo stream is principally fed by precipitation and run off from surfaces during the rainy season and underground water during the dry season. The stream substratum consists mainly of coarse sand and stones, decaying macrophytes and debris also form part of the substratum. In the study area, the dry season is from November to March and the rainy season from April to October.



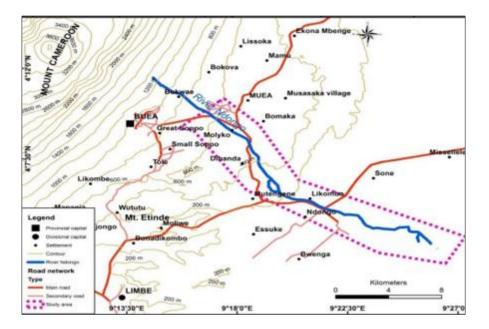


Figure 1 Map of the Ndongo watersheds ; Source: [30]

2.2. Choice of sampling sites

Based on land use, accessibility and tributary inputs, three sampling sites were chosen for this study. The GPS Coordinates (Table 1) of each sampling site were measured using a Garmin Etrex10[™] GPS Receiver.

Table 1 The GPS coordinates of the sampling stations

Sampling Stations	Latitude	Longitude	Elevation (m)
Station I (Biaka)	4°15.622N	09°27.180E	653
Station II (University of Buea)	4°15.259N	09°28.465E	584
Station III (Mile 16)	4°14.393N	09°30.012E	511

2.3. Evaluation of wastes management by the local population

The assessment of waste management practices by populations around the stream was done using 144 structured questionnaires randomly administers to inhabitants around the three selected sampling sites. After explaining the research and assessing participant comprehension, informed consent was obtained from all the respondents. Inclusion criteria: Living around the stream, being ready to answer our survey. Each questionnaire had four main sections: (1) basic information, (2) waste management practices, (3) usage of aquatic resources and (4) perspectives.

2.4. Water geometrical, hydrological and physicochemical quality analysis

2.4.1. Geometrical features

From March to June 2019, the canal bottom width (b), surface width (L) and depth (h) in each sampling point was determined using a measuring tape and results expressed in m.

2.4.2. Hydrological variables

Water velocity (V) was determined using the float method [31]. To determine the velocity, a 25 ft. (7.62m) long section of the channel was marked off from point A to point B using a tape. The float was gently released into the channel slightly upstream from the beginning of the section. The amount of time (s) taken by the float to travel from A to B was measured with a stop watch. The process was repeated three times to get the average time. The velocity was then computed following Equation 1.

$$\mathbf{V} = \frac{\mathbf{L}}{\mathbf{T}} \dots \dots (1)$$

Where: V is the flow velocity (m/s), L is the length of the section (m) and t is the time (s) it took the float to move through the section.

The discharge was determined following [31] and according to Equation 2:

$$Q = V x Cross - Sectional Area x 0.8 \dots (2)$$

Where; Q is the flow rate (m^3/s) , V is the flow velocity (m/s), Cross-sectional Area (m^2) = Length (m) x Depth (m) and 0.8 is the Correction Factor.

2.4.3. Physicochemical parameters

Temperature, TDS and EC were measured *in situ* using a COM-100^M Multiparameter Conductivity Meter. The mode of measurement was changed gradually on the meter to get the value and units of various parameters. The probe was rinsed in distilled water after each reading. Temperature was expressed in °C, TDS in ppm and EC in μ S/cm. DO was measured with a Milwaukee MW600^M Dissolved Oxygen meter and values were expressed in mg/L. Before use, the oxygen meter was calibrated using the solutions provided by the manufacturer (zero oxygen solution, and the 8.4 mg/L oxygen solution). Water pH was measured with a pH meter (Dr. Meter^M). The pH meter was calibrated at two points using the solutions provided by the manufacturer (4.01 and 6.86 pH solutions). Salinity was measured with an EC170^M salinity meter and results expressed in g/L.

2.5. Phytoplankton species richness assessment

In each sampling site and along with water analysis, phytoplankton samples were collected by filtering 100 litres of stream water in to small, white, plastic, transparent containers with a $30\mu m$ mesh sized phytoplankton net and the collected samples were placed inside three transparent plastic containers. The collected samples were fixed in 5% formalin solution and taken to the Life Sciences Laboratory at the University of Buea. Observation was conducted under a light microscope. The identification of phytoplankton taxa followed phytoplankton determination keys [3, 32-35].

2.6. Data Analysis

Data was compiled with Microsoft Excel 2021. A Shapiro-Wilk normality test as carried out to check normality then, ANOVA was performed to assess spatial trends in water abiotic variables at 5% significant level. The relationship between water abiotic and biotic variables was assessed via a correlation plot and variable were grouped using the ward method. Two main programmes were used for statistical analyses: SPSS version 23 and R version 4.3.0 [36].

3. Results

3.1. Wastes management by the local population

A total of 144 individuals were interviewed for this study distributed as shown in Table 2.

 Table 2 Distribution of respondent in terms of gender and level of education

	Primary	Secondary	University	Total
Female	11	21	38	70
Male	7	26	41	74
Total	18	47	79	144

3.1.1. Age groups

Respondents were aged between 11 and 61 years old (Table 3), with a mean age of 26.0 ± 1.0 years old. The most represented age group was 21-30 with 93 respondents (64%), followed by 11-20 with 27 respondents (19%). The age group 31-40 had 10 respondents (7%), 41-50 had 11 respondents (8%), 51- 60 has just 1 (1%) while 61-70 had 2 respondents (1%).

Table 3 Age groups of respondents

Age groups (Years)	Frequency (N)	Percentage (%)
11 to 20	27	18.75
21 to 30	93	64.58
31 to 40	10	6.94
41 to 51	11	7.64
51 to 60	1	0.69
61 to 70	2	1.39
Total	144	100

3.1.2. Main places used by the local population to dump domestic wastes

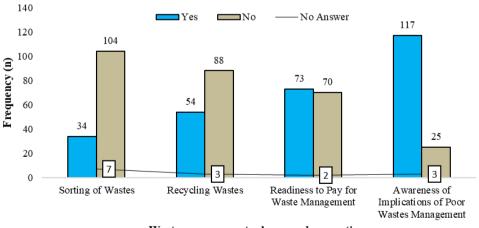
The majority (67%) of respondents dumped domestic wastes in authorized spots (Table 4). Some inhabitants (15%) dumped wastes in the bush while other (13%) throw them into the stream. A few (1%) used it as manure or burned (1%) while some (4%) had nothing to say.

Table 4 Wastes dumping sites by the local populations

Variables	Frequency (N)	Percentage (%)
Authorized HYSACAM* Spots	96	66.67
Manure	2	1.39
Bush	21	14.58
Stream	18	12.50
Burned	1	0.69
No Answer	6	4.17
Total	144	100

*HYSACAM: Hygiène et Salubrité du Cameroun (Contractor in charge of wastes in the municipality)

3.1.3. Perception of the Buea inhabitants on wastes management



Waste management scheme and perceptions

Figure 2 Wastes management practices by the local population

Solids wastes were recycled (N = 54; 37.5%) and used for storage (Figure 2). Respondents who were ready to pay for the collection (N = 73; 50.7%) of their domestic wastes gave reasons such as: their contribution to clean the environment, increase hygiene, improve the working condition and motivate cleaners. Those who said they couldn't pay for the collection of their domestic wastes (N = 70; 48.6%), claimed it is the duty of the government, they are poor, cleaners have salaries, they are not responsible for it or the work done by cleaners is not efficient. Many respondents (N = 117; 81.3%) were aware of the consequences of poor wastes management: they made mention of consequences such as: water pollution, diseases, air pollution, poor environment, unpleasant odours and flooding as a result of poor drainage.

3.1.4. Main source of domestic water in the study area

The main source of water for domestic use claimed by inhabitants was tap water (89.58%). About 3% of respondents declared they used stream water for domestic purposes (Table 5).

Variables	Frequency (N)	Percentage (%)
Bore Hole	5	3.47
Stream	4	2.78
Тар	129	89.58
Well	2	1.39
NA	4	2.78
Total	144	100

Table 5 Main source of water for domestic use by populations

3.1.5. Main uses of the Ndongo stream

The Ndongo stream provides several benefits and ecosystems services to the local population: cleaning, swimming, drinking, fishing, irrigation (Table 6). Unfortunately, the stream is used by some inhabitants (8%) to dump domestic wastes.

Table 6 Ecosystem services provided by the stream to the population

	Frequency (N)	Percentage (%)
Flushing toilets	9	6.2
Cleaning house	4	0.4
Drinking	1	0.7
Dumping domestic wastes	11	7.6
Fishing	2	1.4
Irrigation	13	9.0
Swimming	9	6.2
Washing motorbike	1	0.7
Washing clothes	69	47.9
NA	25	17.4
Total	144	100

3.2. Water geometrical, hydrological and physicochemical variables

Parameters such as conductivity, TDS, velocity, width, depth and discharge exhibited significant change across sampling sites while temperature, pH, salinity and dissolved oxygen did not exhibit any significant change across sampling sites (Figure 3-5).

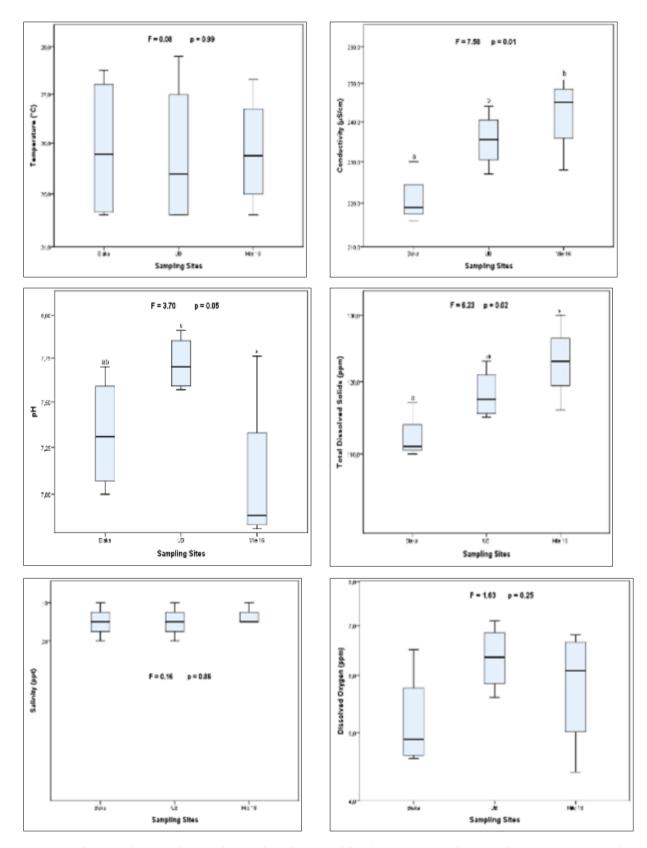


Figure 3 Distribution of water physicochemical quality variables (Bars carrying the same letters are not significantly different (α =0.05); DO: Dissolved Oxygen, TDS: Total Dissolved Solids; UB: University of Buea)

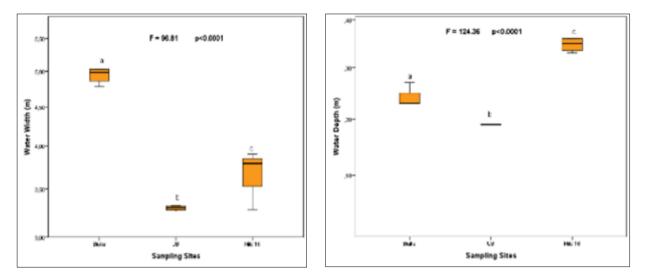


Figure 4 Distribution of water geometrical variables (Bars carrying the same letters are not significantly different $(\alpha=0.05)$; UB: University of Buea)

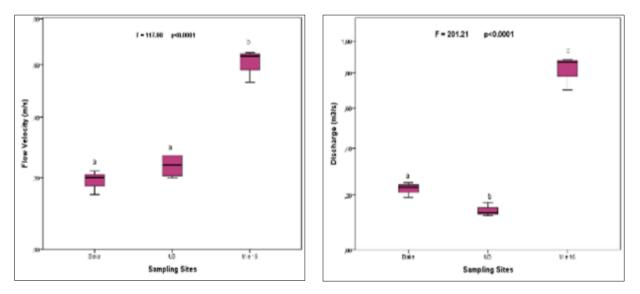


Figure 5 Distribution of water hydrological quality variables: flow velocity and flow rate (Bars carrying the same letters are not significantly different (α=0.05); UB: University of Buea)

3.3. Phytoplankton species richness

The highest species richness occurred at the lower course of the water body where 20 taxa were sampled while the upper course had the lowest richness with 15 taxa (Table 7). *Closterium, Lyngbya* and *Oscillatoria* were found in all the sampling sites while *Fragilaria, Chlorogonium, Nostoc, Stephanodicus* and *Spirogyra* were found only toward the source (upper course) of the stream.

 Table 7 Species richness across sampling stations

Families	Genera	Sampling Sites		
		Biaka	UB	Mile 16
Chlorellaceae	Actinastrum sp.	-	*	-
Microcystaceae	Microcystis sp.	*	*	-
Aulacoseiraceae	Aulacoseira sp.	*	-	*
Bacillariophyceae	Diatoma sp.	-	*	*
	Pleurosigma sp.	-	*	-
Chaetophoraceae	Stigeoclonium sp.	*	-	*
Chroococcaceae	Gloeocapsa sp.	-	-	*
Cladophoraceae	Cladophora sp.	-	*	-
Closteriaceae	Closterium sp.	*	*	*
Cocconeidaceae	Cocconeis sp.	-	-	*
Cymbellaceae	Cymbella sp.	-	*	*
Desmidiaceae	Desmidium sp.	-	*	-
	Euastrum sp.	-	*	-
Euglenaceae	Euglena sp.	-	-	*
	Asterionella sp.	-	-	*
Fragilariaceae	Fragilaria sp.	*	-	-
	Meridion sp.	*	*	-
	Synedra sp.	*	-	*
Haematococcaceae	Chlorogonium sp.	*	-	-
Klebsormidiaceae	Klebsormidium sp.	*	-	*
Melosiraceae	Melosira sp.	-	*	-
Naviculaceae	Navicula sp.	-	-	*
Nostocaceae	Anabaena sp.	-	*	-
	Nostoc sp.	*	-	-
Oscillatoriaceae	Lyngbya sp.	*	*	*
	Oscillatoria sp.	*	*	*
Phormidiaceae	Phormidium sp.	-	-	*
Pinnulariaceae	Pinnularia sp.	-	-	*
Selenastraceae	Monoraphidium sp.	-	*	*
Spirulinaceae	Spirulina sp.	-	*	-
Stauroneidaceae	Craticula sp.	-	-	*
Stephanodiscaceae	Cyclotella sp.	*	-	*
	Stephanodiscus sp.	*	-	-
Vaucheriaceae	Vaucheria sp.	-	-	*

Zygnemataceae	Mougeotia sp.	-	*	-
	Spirogyra sp.	*	-	-
27	36	15	17	20

* = Present; - = Absent

3.4. Bioindication

3.4.1. Pollution index

Site 1 (Biaka) and site 2 (University of Buea entrance) had low organic pollution while site 3 (Mile 16) had probable high organic pollution (Table 8).

Table 8 Algal pollution index of the	ne Ndongo stream	during the study period
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	Sampling Sites		
	Biaka	UB	Mile 16
Stigeoclonium sp.	2	-	2
Closterium sp.	1	1	1
Euglena sp.	-	-	5
Synedra sp.	2	-	2
Melosira sp.	-	1	-
Navicula sp.	-	-	3
Oscillatoria sp.	4	4	4
Cyclotella sp.	1	-	1
Total	10	6	18

0-10= Low organic pollution; 10-15= Moderate pollution; 15-20= Probable high organic pollution; 20 or more = high organic pollution [37]

3.4.2. Association between water abiotic variables and plankton species richness

Species richness had a positive and non-significant ($p \ge 0.05$) correlation with temperature, conductivity, TDS, salinity, velocity, depth and discharge. Water parameters such as pH, dissolved oxygen and width had a negative and non-significant ($p \ge 0.05$) correlation with species richness (Figure 6).

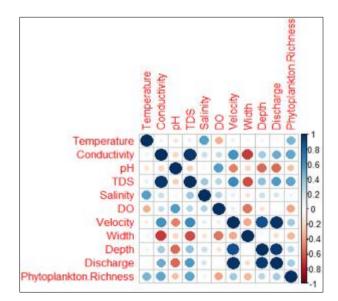


Figure 6 Correlation plot between water abiotic variables and species richness

There was a strong positive and significant (p < 0.05) correlation between TDS and conductivity (r = 0.96), depth and velocity (r = 0.88), discharge and velocity (r = 0.97), discharge and depth (r = 0.95). A moderate and significant correlation was recorded between velocity and conductivity (r = 0.59), velocity and TDS (r = 0.64). A negative and significant correlation was recorded between water width and conductivity (r = -0.7), width and TDS (r = -0.64) (Figure 6).

The ascending hierarchical classification grouped variables into two main branches, each having two clusters. The first cluster had pH and DO; the second was formed by width, temperature and salinity; all these five variables were on the first branch. The third cluster was constituted by depth, velocity and discharge, whereas the 4th had three variables: species richness, conductivity and TDS: all these six variables were found on the second branch (Figure 7).

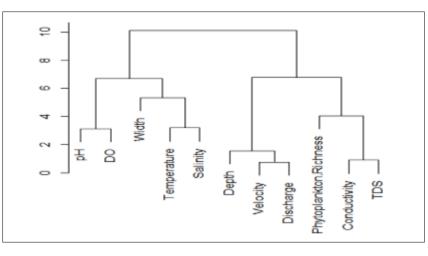


Figure 7 Ascending hierarchical classification of the Ndongo stream abiotic variables and phytoplankton species richness

4. Discussion

This work assessed wastes management stratagem by the local population and implications on water abiotic variables as well as phytoplankton species richness of the Ndongo stream, in the monomodal equatorial agroecological zone of Cameroon.

4.1. Wastes management

The research revealed that the majority of respondents dumped wastes at authorised point by the municipality. Such good practices should be encouraged ad reinforced among the local population. Nevertheless, some carried out poor wastes management practices by dumping wastes into the stream and in the bush which may contribute to stream pollution from urban wastes. In the same line of thoughts, previous reports have documented that water bodies are often used to dump wastes in Cameroon [38, 39]; this practice is a driver of microbial contamination of water bodies [40].

Sorting wastes was not a common practice among the local population, hence the necessity to educate them on the use of biodegradable wastes as fertilisers (composts). Encouraging the practice of recycling wastes will reduce environmental pollution and improve crop yield. Wastes sorting and recycling remains a challenges in Cameroon cities [41], stressing the necessity of incorporating waste recycling and composting as institutional priorities [42]. Wastes separation, infrastructure and finance remain a challenge in waste management in Africans cities [43].

More than half of the respondents declared to be ready to pay for wastes collection and were aware of the consequences of poor waste management. The willingness to pay has been reported to be significantly associated to the level of education and the occupation of the respondent [44]. Some European countries such as Sweden has put into place a weight-based billing for waste management, a practiced said to have booster the spirit of recycling wastes (composting, use of solids wastes as containers...) among the local population [45]. In facts, waste dumping by the population is tributary to the availability of dumping sites to solve the transportation issue; when the closer dumping site is authorised, waste dumping will also be legal; those living near an illegal dumping site, will also have the preference of dumping wastes at an illegal spot as previously documented in the Yaoundé Municipality [42].

In the study area, tap water was the main source of water for domestic use but some used water from the stream for several purposes. In facts, freshwater bodies are known to provide many ecosystem services to the population [46]. The contamination of the stream may then have severe consequence on inhabitants.

4.2. Water abiotic variables

The distribution of pH gave evidence of an alkaline water body. All the pH values were within the optimum range (6.5 - 8.5) for good aquatic productivity. Water bodies of the monomodal equatorial agroecological zone of Cameroon have an alkaline tendency as documented other limnological studies; the Benoe stream [6], the Lake Barombi Kotto [5], the Tiko agro-industrial complex [8].

The significant spatial change in the flow velocity and flow rate may be related to tributary inputs. Changes in TDs and conductivity, especially en increase towards the lower course of the stream may be related to various anthropogenic activities around the water bodies at the upper and middle course such as car washes spots, dumping of domestic wastes. TDS and electrical conductivity were closer to species richness (Figure 7) as compared to other water abiotic variables.

4.3. Phytoplankton species richness and bioindication

The number of phytoplankton taxa recorded in this study (36) is in line with previous studies according to which second and third order streams don't have a very high plankton diversity [6, 47]. Phytoplankton diversity is usually higher in ponds especially when ponds are fertilised; for instance, up to 220 species where reported in the western highlands agroecological zone of Cameroon [48].

Phytoplankton taxa such as *Closterium, Lyngbya* and *Oscillatoria* may be considered resident species of the stream as they were encountered in all the sampling sites. Taxa such as *Fragilaria, Chlorogonium, Nostoc, Stephanodicus* and *Spirogyra* were found only toward the source and completely absent in subsequent sampling sites. This may be related to their high sensitivity to anthropogenic factors. Taxa appearing only at the lower course of the stream comprised *Vaucheria, Craticula, Phormidium, Pinnularia, Navicula, Asterionella, Euglena* and *Cocconeis*. In fact, the highest species richness was found in station 3 (Mile 16), toward the lower course of the stream. Most of the taxa encountered toward the lower course are pollution resistant or the load of organic matter at the upper and middle course of the stream may contribute to algal proliferation [49].

According to the Algal Pollution Index [37], the Ndongo stream was under low (Site 1 and 2) to probable high (Site 3) organic pollution. This may be related to activities carried out around this urban stream, receiving domestic wastes and bordered car wash points, student's hostels.

5. Conclusion

All in all, this study revealed that the local population has many interactions with the Ndongo River and exhibited poor waste management practices. Water abiotic variables exhibited significant spatial trends evidence of anthropogenic pressure. The phytoplankton community was made of 36 species distributed in 37 families. The stream gave evidence of low to probable high organic pollution. The local population should be educated on wastes management and its implications on the environment.

Compliance with ethical standards

Acknowledgments

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Disclosure of conflict of interest

The authors declare that they have no conflict of interest

Statement of informed consent

Informed consent was obtained from all individual participants included in the study.

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