

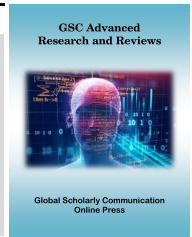


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(REVIEW ARTICLE)



## The role of multi-parametric magnetic resonance imaging (MRI) in early prediction of malignant transformation of low-grade Gliomas (A Systematic review)

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### Abstract

**Introduction:** Low-grade gliomas is the most common primary brain tumour, although the presentation may take up to two decades, there is high tendency of early malignant transformation which raise a growing concern. Multi-parametric MRI studies have the potential for predicting the early malignant transformation.

**Methods:** A comprehensive electronic search of various databases was conducted together with forward tracking of the reference list to retrieve relevant qualitative primary studies. Moreover, hand search for journal that was not available electronically was also conducted. Through assessment of the relevant studies was ensured and the included studies were carefully selected. The relevant data was extracted by data extraction form recommended by Cochrane collaborations.

**Results:** The search yielded 1158 which was narrowed down to eight (8) studies that satisfied the inclusion criteria. These studies are assessing the role of different MRI parameters in predicting the early malignant transformation of Low-grade gliomas. The risk of bias and the applicability concern of the included studies are low.

**Conclusion:** Based on the findings of this review; Multi-parametric MRI studies have the potential of predicting the early malignant transformation of low-grade gliomas. There is need for high quality large scale, prospective studies on the role of multi-parametric MRI studies in early prediction of malignant transformation of LGGs and meta-analysis of these studies is highly recommended.

**Keywords:** Magnetic resonance imaging (MRI); Low-grade gliomas (LGGs); Histology, Biopsy; Immunohistochemistry

### 1 Introduction

Central Nervous system (CNS) comprises of two different groups of cells; neural cell and glial cell otherwise called supporting cells [1]. The glial cells are responsible for providing control of the neural cells' environment; they are also involve in repair and isolating the neuronal process [2]. They are grouped into three (3) different categories: astrocytes, or astroglia; oligodendrocytes, or oligodendroglia; and microglia cells, or microglia [2] with each category specialized in certain function [2].

The tumour of the CNS are divided based on their cells of origin and are also graded based on the histo-pathological findings [1].

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### 1.1 Target condition being diagnosed

According to [3], Gliomas happens to be the most common primary brain tumours. Gliomas comprises of heterogeneous groups of tumours of glial origin within the cerebral cortex, brainstem and the spinal cord, these tumours have different characteristics, growth pattern and treatment response [1]. Gliomas have unknown aetiology; however, the increase incidence is associated with a number of genetic disorders, such as; tuberous sclerosis and neurofibromatosis type 1 [3, 4]. Recent studies, indicates that neural stem cells are also associated with the increase incidence of Gliomas [5]

Histology and immunohistochemistry are the gold standard in the diagnosis and grading of glial tumours (tumours originating from glial cells). However, radiological examination such as Computer Tomography (CT) and Magnetic resonance imaging (MRI) plays a significant role [1]. According to World Health Organization (WHO) Gliomas has been divided into those tumours that diffusely infiltrated the surrounding brain tissues and those that are circumscribed within the brain tissues [6]. The growth rate of diffusely infiltrating gliomas is faster and therefore has more tendency to progress from low-grade to high-grade [6], while the circumscribed gliomas in the other hand is slower and are generally associated with young age [6]. WHO have provided a provisional grading system of low-grade and high-grade [1, 6]. This grading system is only based on the aggressiveness rather than the tumour cell type. The incidence of low-grade gliomas (LGGs) is difficult to find as the International Classification of Diseases for Oncology (ICDO)-3 has not yet identified separate histology code for it [1]. The maximum survival rate of Patients with LGGs may be up to 16.7 year; the tumours may remain stable or may continuously grow [7]. However, there is a tendency for some of these tumours to transform to high-grade gliomas [8].

Surgical resection, Radiotherapy and Chemotherapy are the treatment options, however, there are many factors associated with the choice of treatment [1, 9], such as, the age, performance status, tumour locations and the patient's preference [1]. There is controversy related to the optimal management of LGGs, as most patients are young with little or no clinical symptoms [8, 9]. There are arguments on the best time and treatment options for the patients; early aggressive treatment or too little late treatment [1]. The "wait and see" policy is mainly based on the assumption that, the tumour size may remain unchanged for a considerable long period of time [10]. Surgical resection is influenced by the tumour location, as resection of tumour located within certain aliquant brain areas may lead to permanent neurological damage, therefore these tumours are non-resectable [1]. The benefit of extensive surgical resection over partial resection has been reported [9, 11]. Moreover, with the improvement of intra-operative MRI, intra-operative neurological damage has been minimized [9]. A careful selection of time to commence radiation therapy is paramount, moreover, tumour control and radiation toxicity should be carefully assessed [9, 13]. The role of Chemotherapy following surgery and Radiotherapy has been established [13, 12]. Recently, the benefit of neo-adjuvant Chemotherapy followed by surgical resection has been evaluated, with significant improvement on patients' quality of life [14]. Temozolomide as initial single therapy for LGGs (Oligodendrogliomas) has also been evaluated and significant response has been recorded [13]. Seizures are the common clinical presentation, which occurs in >90% of patients and maybe partial or generalized [12, 15]. Antiepileptic is beneficial in patients with the history of seizure but surgery is the main stay treatment to provide tissues for histology examinations [12, 15].

### 1.2 Index test (s)

Magnetic resonance imaging is a useful imaging tool in the diagnosis of LGGs, its usefulness has been established in areas such as; image-guided biopsy, surgical resection (intra-operative MRI), radiotherapy planning and treatment response monitoring [5]. There are many different techniques that have an established use in Gliomas imaging, these includes; MRI standard sequences (T1 and T2 weighted), Dynamic susceptibility contrast MRI, Diffusion-weighted MRI, different Perfusion MRI studies (Dynamic Susceptibility Contrast-Enhanced Perfusion MRI and Dynamic Contrast-Enhanced Perfusion MRI), Molecular MRI and MRI spectroscopy [5, 16, 17, 18]. Combined Gradient-Echo and Spin-Echo imaging have the potential in providing information that may aids better lesion characterization and treatment optimization, this will go a long way in influencing the overall patients' outcome [18]. It has been found out that, the presence of an elevated level of choline and decrease level of N-acetyl aspartate measured in magnetic resonance spectroscopy present a high sensitivity and specificity in differentiating malignant and non-malignant gliomas [19, 20]. In perfusion-weighted magnetic resonance imaging, relative cerebral blood volume (rCBV) has been found to be more accurate than histologic grading in predicting the chances of recurrence in LGGs, particularly in astrocytomas [21].

### 1.3 Rationale

The ability of low-grade gliomas to transform to a more dangerous high-grade tumour raised a serious concern [22]. These transformations negatively affect the overall survival rate of the gliomas' patients [23]. It has been reported that

monitoring tumour volume over the course of 6 month provides the best prediction of the time of transformation [10, 7]. Diffusion-weighted Imaging (DWI) has also been used to measure the cellularity of the glial tumour and low apparent diffusion coefficient (ADC) has been found to suggest high-grade gliomas [5]. Furthermore, another study suggested that, monitoring angiogenic characteristics of gliomas could influence the physicians in treatment optimization, lesions' categorization and improvement of the overall patients' care [18]. The relationship between combined gradient-echo (GE) and spin-echo (SE) MR imaging (by assessing the blood volume and vascular morphologic parameters) and tumour grade has been assessed and the study identified a significant correlation between GE rCBV and tumour grade. Tumour region with aggressive growth has been identified by multivoxel MR spectroscopy [20]. Moreover, it has been reported that, the early prediction of high-grade transformation will influence accurate treatment majors and subsequently improve survival rate [5, 23, 21]. Additionally, it has also been proposed that, monitoring of low-grade gliomas with MRI parameters before and during treatment will help in early prediction of high-grade transformation [5, 21]. Based on these findings, MRI has the potential of revolutionizing the management approach of gliomas. It may eliminate the controversy surrounding the choice of the best treatment option as well as the best time to commence the treatment of gliomas [9, 14]. There are many adverse effect as a result of long term treatment, such as; radiation-necrosis and dementia [15], these could be minimized following serial MRI studies suggesting its' low risk of malignant transformation. In the event that, the MRI findings suggested aggressive behaviours in LGGs that is consistent with malignant transformation, early and appropriate treatment majors can be taken. The aims of this review is to search for qualitative studies of diagnostic roles of multi-parametric MRI in the early prediction of high-grade transformation of LGGs. Meta-analysis will be used in order to improve the precision of this review as most studies are likely to be small. When this review confirmed the accuracy and the effectiveness of different MRI parameters in predicting the early malignant transformation of LGGs, then MRI study may stands the chance of being the imaging tool of choice in LGGs.

### *Objectives*

To assess the role of multi-parametric MRI in the early prediction of high-grade transformation of low-grade gliomas

## **2 Methods**

### **2.1 Criteria for considering studies for this review**

All studies considered in this review are of English language, no translation was needed, studies are considered to be relevant if its main target was to investigate the correlation of MRI parameter (s) with detection of the malignant progression of LGGs. The participants were defined as those patients with clinical diagnosis of LGGs (untreated or treated with any of the treatment model) who were confirmed with histology or immunohistochemistry.

Plan was made to contact the study authors for further details, if one of the following included in the study:

### **2.2 Methodological variables**

- Time interval from reference standard to MRI study
- Evidence of blinding of reporters' findings (MRI studies and reference standard)

### **2.3 Imaging reporting**

- Single, double, consensus reporting
- Experience of reporter(s)

Studies that did not focus on the role of MRI study in predicting the transformational changes in LGGs were excluded. In the case of multiple publications by the same author or group of authors with similar data, the most recent or complete study were included.

### **2.4 Participants**

All patients with the histological diagnosis of LGGs was included, both adult and paediatric population were included and sex differences were not considered, as the LGGs does not vary with sex.

### **2.5 Index test**

The index test was any MRI study or combination of MRI studies that has established a role in this respect.

## 2.6 Target conditions

The target condition was the histological diagnosis of LGGs.

## 2.7 Reference standards

The reference standard was the diagnosis of LGGs by histology and Immunohistochemistry.

## 2.8 Search methods for identification of studies

### 2.8.1 Electronic searches

In June 2014, a thorough literature search was conducted in various databases to identify relevant studies. Different types of search strategies were used to identify relevant information that could be included in this review.

Ovid MEDLINE and Ovid EMBASE were searched according to the search strategies described in Appendix 1 and Appendix 2. The studies were restricted to 11 years (2003 to 2014), but there was no language restriction. Other search engines such as: MEDION ([www.mediondatabase.nl/](http://www.mediondatabase.nl/)) using the 'Systematic Reviews and Diagnostic Studies' search filters, the Database of Abstracts of Reviews of Effects (DARE) ([www.crd.york.ac.uk/crdweb/](http://www.crd.york.ac.uk/crdweb/)), and Health Technology Assessment Database (HTA) have also been searched. Search was also made on clinical guidelines. Cited reference was searched for tracking of the relevant articles on Google Scholar (<http://scholar.google.com/>).

## 2.9 Data collection, analysis and Selection of studies

Studies identified by the search strategy were initially assessed, based on title and abstract. The full text of the Potential relevant studies was retrieved, reviewed and carefully assessed. Software (review manager) for systematic review recommended by the Cochrane collaboration [26] was used to analyse the studies. Studies that did not meet the inclusion criteria were excluded, and copies of the full text of potentially relevant references were obtained and documented, study selection were presented in a detailed flow chart (Fig 1).

## 2.10 Data extraction and management

The available data was collected by using data extraction form recommended by Cochrane collaborations [27] and when necessary, a request for additional information were sent to study author(s). Study that reported insufficient data for construction of two-by-two tables were also considered due to lack of significant number of studies. The following data were retrieved:

- General information: title, journal, year, publication status, period of study, primary objectives and study design (i.e. prospective and retrospective)
- Sample size: The number of participants meeting the inclusion criteria
- Target condition as reported
- Duration of the study
- Index test: The description of the technique
- Measured MRI parameter(s)
- Main predictor of Malignant transformation
- Reference standard test: description of technique
- Sensitivity of the index test.
- Specificity of the index test
- Number of true positives (TP), true negatives (TN), false positives (FP) and false negatives (FN).

## 2.11 Assessment of methodological quality

The methodological quality of the included studies was assessed by using a modified version of the quality assessment of diagnostic accuracy studies (QUADAS) checklist [28], following the guidelines provided by in chapter 9 of Diagnostic Test Accuracy [29]. Appendix 2 explains how the QUADAS items for assessing the included studies were applied.

## 2.12 Statistical analysis and data synthesis

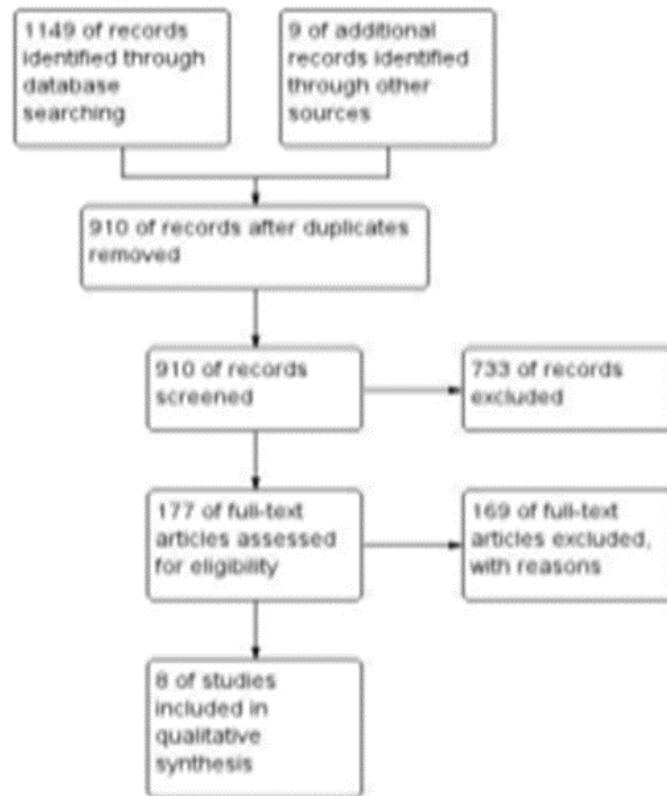
Indices for diagnostic performance has been extracted from the data, but due to the fewer number of included studies and missing data from some of the included studies a two-by-two contingency table could not be constructed. Therefore, the data has to be presented qualitatively.

### 3 Results

#### 3.1 Results of the search

Ovid MEDLINE, Ovid EMBASE, MEDION, DARE Database of Abstracts of Reviews of Effects (DARE) and Health Technology Assessment Database (HTA) have yielded 1158 results. 177 have been found to be relevance to this review. 169 studies have been excluded (Figure 1), most of them do not satisfied the review question. Eight (8) Studies with 313 participants satisfied the inclusion criteria.

The role of Multiparametric Magnetic Resonance Imaging (MRI) in early prediction. 16 Sep-2014



**Figure 1** Flow Chart

In addition to the main search, a hand search identified nine (9) studies. Eight (8) studies are relevant to the review but do not satisfy the inclusion criteria. The reasons for exclusion are related to the fact that some of the studies are not particularly concern with the role of MRI in detecting transformational changes, where as other studies are not primary studies. Only one study [24] satisfied the inclusion criteria. The final included studies are Eight (8). Five (5) of them are prospective studies with 131 participants and the remaining three (3) studies are retrospective with 285 participants, and only one study [30] has not reported the duration of their study. Different MRI techniques were used to evaluate the role of MRI in detecting early malignant transformation of LGGs. Three studies [30, 22, 7] used combined MRI techniques; Conventional and Dynamic susceptibility Contrast enhance MRI, another two studies; [10, 31] uses only the conventional MRI sequences. One study [32] used a combination of conventional MRI Techniques; perfusion-weighted and diffusion-weighted imaging. In [33], a combination of conventional, perfusion, and spectroscopy MRI imaging have been used and only Magnetic Resonance Spectroscopy has been used in [34]. It has been reported in [7] that, there is negative association between rCBV and the time of malignant progression with ( $p=0.0059$ ), Transformers have high baseline rCBV ( $\geq 1.75$ ) than Non-transformers ( $<1.75$ ). This relationship is consistent with the report in [30, 32, 22, 10]. The tumour volume is reported to be smaller in non-transformers than the transformers [31], in Nine (9) Non-transformers (57 ml, 95% CI 35–80 ml) and in eighteen (18) Transformers (83 ml, 95% CI 70–96 ml) ( $p=0.03$ ) [31]. The

same study indicated that there is also slower annual growth rate in non-transformers than transformers. Choline/Creatine (Cho/Cr) has been reported to be a significant predictive indicator of malignant transformation in a study done by [33]

### 3.2 Description of the included studies

Mandonnet et al., 2003a [24], this is a retrospective study of 27 patients with untreated LGGs, confirmed by histology; the patients underwent MR imaging to study the kinetics of tumour growth before malignant transformation. The study discovered that: In untreated LGGs, there is continuous linear tumours' growth rate of 3.8 – 4.4mm/year during the premalignant period. This discovery will go a long way in prompting the choice of early and appropriate treatment, contrary to the idea of “wait and see” mainly based on the assumption that the tumour size may remain stable for a considerable long period of time.

Law et al., 2006 [30], this is also a retrospective study of 189 patients with histologically diagnosed LGGs, all of the patients underwent dynamic susceptibility Contrast-enhanced perfusion MR. The association of baseline relative Cerebral Blood Volume (rCBV) and time of malignant progression were assessed. According to this report, “Lesions with low baseline rCBV had stable tumour volumes at follow-up over time, whereas those with high baseline rCBV (>1.75) had progressively increasing tumour volumes over time”. These findings are highly valuable in making a clinical decision on patients' treatment options.

Alimenti et al., 2007 [34], in this study a serial Spectroscopic MRI studies was conducted on 21 patients with the histologic diagnosis of LGGs to evaluate a new tumour marker. The study identified NAA/Cho as the best marker of tumour progression before therapy, with a sensitivity of 53.9%.

Danchavijitr et al., 2008 [22] Longitudinal MRI study was conducted on 21 treated LGGs' patients to establish the correlation between rCBV and time of malignant transformation. At the point of study entry transformers and non-transformers had relatively similar baseline rCBV (1.93 vs 1.31); however, the increase of rCBV (up to 5.36) was noticed during the course of MRI follow-up in transformers, whereas in non-transformers, there was no significant change in rCBV (1.53) over the period of 23 months.

Rees et al., 2009 [31] this is a longitudinal study of 27 untreated LGGs' patients who underwent a serial conventional MRI examination in order to determine the relationship of tumour volume and growth rate with the malignant transformation. At study entry, the tumour volume of the 9NT (non-transformers) was (57 ml, 95% CI 35–80 ml) which had not undergone significant increase over the study period, with the average annual growth rate of 16% (95% CI 9–23%). On the other hand, the 18T (transformers) with the entry tumour volume of (83 ml, 95% CI 70–96 ml)(p=0.03) had undergone significant volume increase, with the average annual growth rate of 26% (95% CI 20–31%) (p=0.046).

Brasil Caseiras et al., 2009 [32], this is a prospective study of histologically proven LGGs who underwent conventional, perfusion-weighted, and diffusion-weighted MR imaging to compare tumour volume, rCBV, and apparent diffusion coefficient(ADC) and short-term changes of these parameters to predict time of malignant transformation. The best predictor of malignant transformation was found to be the tumour growth over the course of 6 months from the study entry. The risk of transformation during the study was 2.10 times higher per each additional SD of tumour growth within 6 months (95% CI: 1.05, 4.16; P = .03; SD = 6.19 mL).

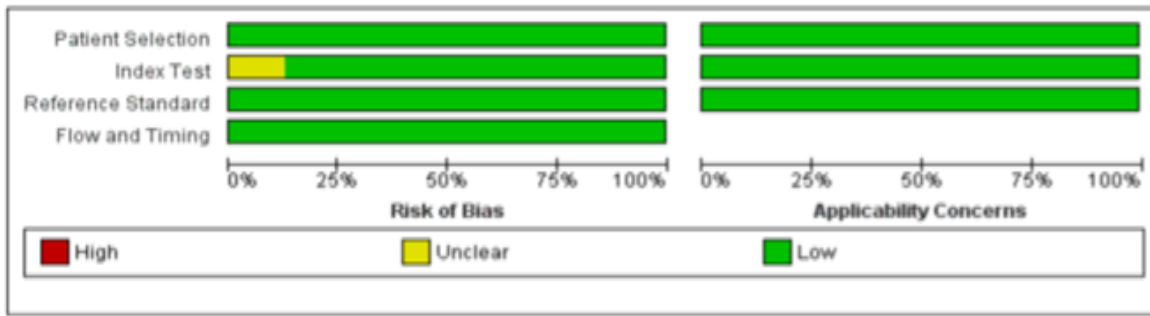
Caseiras et al. (2010) [7], this is a multi-institution retrospective study of 69 patients with histology confirmation of LGGs. All of the patients underwent dynamic susceptibility contrast-enhanced perfusion MRI with 3 to 6 month follow-up interval, to detect the role of rCBV in early detection of malignant transformation. The transformer was found to have significantly high baseline rCBV than non-transformers, with the odds ratio of 1.87 (95% confidence interval: 1.14–3.08).

Hlaiheli et al., 2010 [33], this is a longitudinal study of 21 LGGs patients with proven histological diagnosis; all of the patients underwent conventional MRI and MRS and perfusion MRI studies. The first follow-up studies were done after 3 months then twice a year, with the average of 5 MRI studies per patient. The study revealed that, the Cho/Cr ratio of 2.4 is associated with 83% chances of anaplastic transformation in an average delay of 15.6 months, with the sensitivity and specificity of 80% and 94% respectively.

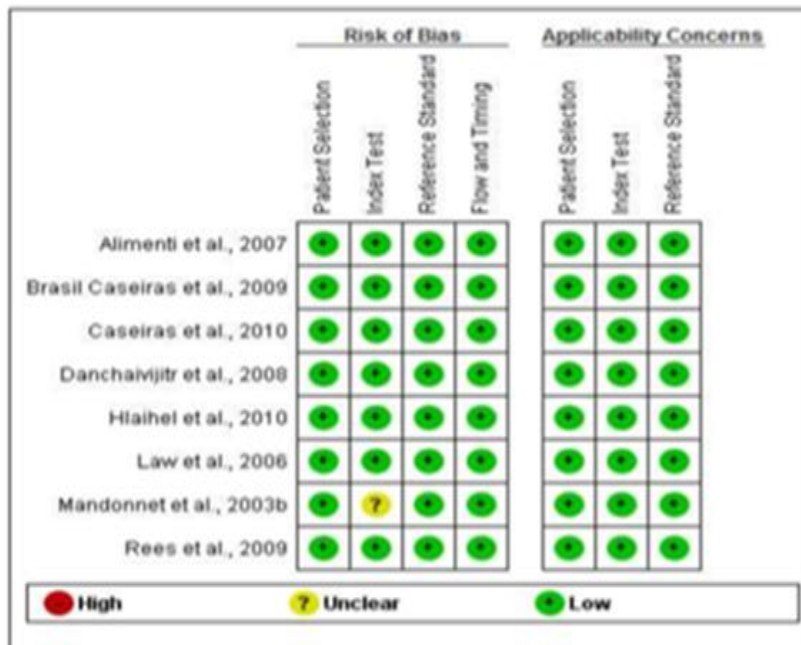
### 3.3 Methodological quality of included studies

The risk of bias of eight (8) included studies has been assessed to be low or unclear. There is low risk of bias in the patients' selection, reference standard and flow and timing in all of the included studies. However, some of the

parameters such as blinding of the MRI interpreting physician to the result of the reference standard were unclear in some studies. The summary is shown in Figure 2 and the quality assessment result is shown in Figure 3.



**Figure 2** Risk of bias and applicability concerns graph: Review author’s judgments about each domain presented as percentages across included studies



**Figure 3** Risk of bias and applicability concerns summary: Review author’s judgments about each domain for each included study

The spectrum of participants (item1) was judged as representative in all of the included studies. The setting was secondary or tertiary care and the patients had presented with a confirmed diagnosis of LGGs by histology or immunohistochemistry. The answers for the reference standard (item 2) and avoided partial verification (item 4) and for 'incorporation avoided' (item 6) were 'Yes' (no bias) for all included studies. Learning curve and training for the index (items 12) were reported to be yes, whereas the learning curve and training for the reference standard readers (items 13) were unclear in all of the included studies. More than 50% of the included studies poorly described the following QUADAS items: The period between reference standard and index test (item 3), differential verification bias (item5), index test results blinded (item 7), reference standard results blinded (item8), relevant clinical information (item9). The remaining QUADAS items are well described in 50% to 75% of included studies: uninterpretable results reported (item 10), withdrawals explained (item 11) and index test criteria for a positive result (item14).the details are presented in Appendix 2 and the other details of included studies are summarized in Table 1.

**Table 1** Summary of the results of the included studies

<b>Study</b>	(Danchaivijitr et al., 2008) [22]	(Brasil Caseiras et al., 2009) [32]	(Caseiras et al., 2010) [7]	(Rees et al., 2009) [31]	(Hlaiheli et al., 2010) [33]	(Law et al., 2006) [30]	(Mandonnet et al., 2003b) [24]	(Alimenti et al., 2007) [34]
<b>Study design</b>	Prospective	Prospective	Retrospective	Prospective	Prospective	Retrospective	Retrospective	Prospective
<b>Duration of the study</b>	August 2000 and August 2002	August 2000 and September 2006.	1963 to 2009	July 2000 to October 2003	March 2005 and April 2008		1989 to 2001	January 1998 and December 2003
<b>Population samples</b>	21	34	69	34	21	189	27	21
<b>Target condition</b>	Low grade Gliomas	Low-Grade Gliomas	Low-Grade Gliomas	Low-grade Gliomas	Low-Grade Gliomas	Low-Grade Gliomas	Low-Grade Gliomas	Low-Grade Gliomas
<b>Index test (s)</b>	Conventional and Dynamic susceptibility-weighted MRI	conventional, perfusion-weighted and diffusion-weighted imaging	Conventional and Dynamic susceptibility-weighted MRI	The conventional MRI	conventional, perfusion, and spectroscopy MRI	Conventional, Dynamic Susceptibility-weighted Contrast-enhanced Perfusion Imaging1 MR	Conventional Magnetic Resonance Imaging	Magnetic Resonance Spectroscopy
<b>Parameters measured</b>	rCBV	rCBV	rCBV	tumour volumes and growth rates	choline, rCBV, and tumor growth rate	rCBV	Tumour Growth	NAA/Cho Cho/Cr Myo/Cr Lipids
<b>Follow-up Duration</b>	36 Months	30 months	N/A	46 Months		119 Months	88 Months	Not given
<b>Treatment During studies</b>	Anti-epileptic drugs	Anti-epileptic drugs, Surg, Rad&Chem	Surgery, Radiotherapy and chemotherapy	Anti-epileptic drugs	Anti-epileptic/surgery, chemo & radiotherapy	No	Radiotherapy, chemo and Surgery	Radiochemotherapy/Surgery



<b>Follow-up Imaging</b>	6 monthly	6 Monthly	3 monthly/6 Monthly	6 Monthly	3 Month then 6 monthly	3 monthly	Nil	Nil
<b>Main predictor</b>	Tumour volume	Tumour Volume	rCBV	Tumour volumes	choline/creatine	rCBV	Mean Tumour diameter	NAA/Cho
<b>Reference standard</b>	Histology	Histology	Histology	Histology	Histology	Histology	Histology	Histology
<b>Sensitivity (95% CI)</b>		83.30%			80%			57.10%
<b>Specificity (95% CI)</b>		83.30%			86%			100%
<b>TP</b>	5			9				
<b>FP</b>	0			1				
<b>TN</b>	2			0				
<b>FN</b>	8			9				

### 3.4 Findings

The review is based on the qualitative assessment of individual studies as only few relevant studies were identified. Moreover, each study used different methodology and MRI parameters. The summary of the characteristics of included studies is shown in table 1. There was no any anti-cancer treatments administered to any of the patients in the included studies, before the study period. However, only 14 patients have been reported to have partial resection [33] before their recruitment into the study. In four of the studies [22, 32, 31, 33], patients presented with seizures and therefore were treated with anti-epileptic drugs. However, in [33, 32] treatment such as surgery, radiotherapy and chemotherapy or combined treatments have been instituted in some patients based on the patients' needs. Likewise, the other four studies [34, 24, 7] have also reported commencement of treatments to some patients at some point during the study period. Only one study [30] has not reported any treatment during the study period. [33]. Four studies [22, 32, 7, 35] measured relative cerebral blood volume (rCBV) to identify its correlation with LGGs progression to HGGs. A combination of tumour volumes and growth rates were measured in [31]. Additionally, choline, rCBV, and tumour growth rate are considered and measured in [33, 24]. Tumour Growth, NAA/Cho, Cho/Cr (choline/creatine), Myo/Cr (myoanositol/creatine) and Lipids have been measured in [34]. The follow-up imaging was organized between 3 and 6 months except in three studies [35, 34, 24], in which the period of follow-up has not been reported. In all of the included studies patients were classified into two groups; transformers (Those that their lesions transformed to HGGs at some point during study periods) and non-transformers (those that remain stable without transformation during the study periods). Two studies [30, 7] identified rCBV as the main predictor while other three studies [22, 32, 31] identified tumour volume as the main predictor. Whereas, two studies [33, 34] considered choline as the main predictor of malignant transformation. The remaining study [24] identified Mean tumour diameter as the main predictor of malignant transformation.

It has been reported in [7] that, there is negative association between rCBV and the time of malignant progression with ( $p=0.0059$ ), Transformers have high baseline rCBV ( $\geq 1.75$ ) than Non-transformers ( $<1.75$ ). This relationship is consistent with the report in [30, 32, 22, 24]. The tumour volume is reported to be smaller in non-transformers than the transformers [31], in Nine (9) Non-transformers (57 ml, 95% CI 35–80 ml) and in eighteen (18) Transformers (83 ml, 95% CI 70–96 ml) ( $p=0.03$ ) [31]. The same study indicated that there is also slower annual growth rate in non-transformers than transformers. Choline/ Creatine (Cho/Cr) has been reported to be a significant predictive indicator of malignant transformation in a study done by [33].

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## 4 Discussion

The main aim of this review is to identify and summarize the available MRI imaging technique(s), that can be used in predicting the early malignant transformation of the LGGs and to recognize their effectiveness in identifying these transformations. Meta-analysis was not attempted in this review due to the fewer number of studies as well as the heterogeneity of the methodologies and the techniques used in the included studies. Therefore, there is no overall figure to suggest the sensitivity and specificity of Multi-parametric MRI imaging in early detection of malignant transformation of LGGs. However, the overall impression of the individual studies was identified. The result of this review shows that different MRI techniques use different parameters in detecting the early malignant transformation. Prospective and retrospective studies (Eight) had been used in this review, with 313 participants. There are relatively standard image acquisitions in all the included studies in this review. However, there is different level of expertise in the people interpreting the results, which may significantly affect the results of the studies. The relevancy of Multi-parametric MRI in early detection of malignant transformation of LGGs has been identified with different level of effectiveness between MRI techniques and parameters.

### 4.1 Strengths and weaknesses of the review

Focus has been made on studies that evaluate different MRI parameters versus reference standard in prediction of malignant transformation of LGGs in the same patient. Measure electronic databases have been searched to identify relevant studies and studies have been carefully selected and assessed for inclusion in the review.

All of the patients included the review had no any previous form of anti-cancer treatments and only fourteen (14) patients had partial resection. However, many patients receive one or the other form of treatment during the study period as a result of tumour progression or clinical sign of malignant transformation. The risk of having structural damage to the brain as a result of treatment is high; this will go a long way in increasing errors in reporting of the MRI studies. The example of the adverse effects of treatment that may affect the actual result of the MRI is radiotherapy and chemotherapy induced-necrosis of the brain [36, 37].

The studies included in this review are relatively small number; they are also associated with incomplete presentation of study data and results and relatively small sample size. These added together have contributed significantly in the limitations of this review.

Meta-analysis could not be used in this review due to the small number of studies and the lack of sufficient data to construct two-by-two contingency table. This has done a significant negative impact on the precision of this review. Cost effectiveness of MRI in early prediction of malignant transformation has not been assessed.

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## 5 Conclusion

Tumour Growth rate, Relative cerebral blood volume and Choline have proven to be a useful predictor of early malignant transformation of LGGs. Based on the findings in the included studies, MRI has a very important role in the early prediction of malignant transformation of LGGs. This is a pointer that, MRI techniques could be used as the imaging modality of choice in monitoring the progress of LGGs, this possibility maybe confirmed by conducting studies that involve more number of participants. There is need for high quality large scale, prospective studies on the role of multi-parametric MRI studies in early prediction of malignant transformation of LGGs. Furthermore, meta-analysis of these studies is highly recommended.

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## Compliance with ethical standards

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### *Disclosure of conflict of interest*

There is no conflict of interest

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## Appendices

### Appendix 1. Search strategies

#### MEDLINE search strategy

- Magnetic Resonance Imaging/
- Nuclear magnetic resonance imaging\$
- ((magnetic resonance or MR or MRI or NMR) adj5 (glioma\$)).tw.
- Diffusion-weighted MRI\$
- Perfusion MRI\$
- Molecular MRI\$
- MRI Spectroscopy\$
- Blood-Oxygenation-level dependent\$
- Dynamic susceptibility contrast MRI\$
- 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9
- Low-grade Gliomas\$
- Gliomas\$
- Primary brain tumor\$
- 11 or 12 or 13
- sensitiv\*
- sensitivity and specificity
- diagnosis
- diagnos\*
- diagnostic\*
- specificity.tw.
- specificity
- sensitiv:.mp.

- predictive value:.mp.
- predictive value of tests
- accurac:.tw.
- accuracy\*
- (predictive adj5 value\$.tw.
- exp diagnostic errors/
- ((false adj positive\$) or (false adj negative\$)).tw.
- (observeradj variation\$.tw.
- (rocdj curve\$.tw.
- (likelihood adj3 ratio\$.tw.
- likelihood function/
- 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33
- 10 and 14 and 33

### EMBASE search strategy

- magnetic resonance angiography/
- Nuclear magnetic resonance imaging/
- ((magnetic resonance or MR or MRI or NMR) adj5 (Low-grade Gliomas\$ or gliomas\$)).tw.
- Diffusion-weighted MRI/
- Diffusion-weighted MRI\$
- Perfusion MRI/
- Perfusion MRI\$
- Molecular MRI\$
- MRI spectroscopy\$
- Blood-Oxygenation-level dependent/
- Blood-Oxygenation-level dependent\$
- Dynamic susceptibility contrast MRI/
- Dynamic susceptibility contrast MRI\$
- 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13
- Low-grade Gliomas\$
- Gliomas\$
- Primary brain tumo?r/
- Primary brain tumo?r\$
- 15 or 16 or 17 or 18
- di.fs.
- sensitiv:.tw.
- predict:.tw.
- specificity.tw.
- receiver operating characteristic/
- diagnostic accuracy.sh.
- diagnostic.tw.
- diagnostic accuracy/
- exp diagnostic error/
- observer variation/
- limit of detection/
- diagnostic test accuracy study.sh.
- predictive adj3 value\$
- false adj positive\$
- false adj negative\$
- observer variation\$
- roc adj curve\$
- likelihood adj3 ratio\$
- 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37
- 19 and 14 and 38

## Appendix 2. Assessment of methodological quality: QUADAS and additional items

Item Definition	Item Question	Assessment
Representative spectrum	Was the spectrum of patients representative of the patients who will receive the test in practice	Yes:(a) the setting was secondary or tertiary care AND (b) the population was patients with Low-Grade Gliomas (c) the study was prospective or retrospective (d) recruitment was consecutive Unclear: if insufficient information was given on the setting, selection criteria, or selection procedure to make a judgment No:(a) recruitment was not consecutive
Acceptable reference standard	Isthereferencstandardlikelyto classify the target condition correctly?	Yes: if the reference standard was Histology Unclear: ifthetarget condition was only brain tumour not Low-Grade Gliomas No: not applicable
Acceptable delay between tests	Is the time period between reference standard and index test short enough to be reasonably sure that the target condition did not change between the two tests?	Yes: if the average interval between reference standard and index test was one month or less Unclear: if the interval between tests was not clearly reported No: if the average interval between reference standard and index test was longer than one month
Partial verification avoided	Did the whole sample or a random selection of the sample, receive verification using the intended reference standard?	Yes: If all patients who received the index test went on to receive verification of their disease status using a reference standard (Score 'Yes' even if different reference tests were used) Unclear: if insufficient information was given on relation of index test and reference standard No: if not all the patients who received the index test underwent a reference standard to verify their true disease status
Differential verification bias	Did patients receive the same reference standard irrespective of the index test result?	Yes: if all patients received the same reference standard, regardless of the result of their index test Unclear: If it is unclear whether different reference standards were used No: if the result of the index test influenced the choice of the reference standard
Incorporation bias	Was the reference standard independent of the index test (i.e. the index test did not form part of the reference standard)	Should be considered 'Yes' for all studies because the index test is not part of the reference standard
Index test results blinded	Were the index test results interpreted without knowledge of the results of the reference standard?	Yes: if the person undertaking the index test was blinded to the results of the standard reference Unclear: if insufficient information was given on independent or blind assessment of the index test No: if the results of the reference tests were known to the person undertaking the index tests
Reference standard results blinded	Were the reference standard results interpreted without knowledge of the results of the index test?	Yes: if the reference standard results were performed blind to the results of the index test Unclear: if insufficient information was given on independent or blind assessment of the reference standard

		No: if the results of the index tests were known to the person interpreting the reference tests
Relevant clinical information	Were the same clinical data available when test results were interpreted as would be available when the test is used in practice?	Yes: if clinical data would normally be available when the test is interpreted in practice and similar data were available when interpreting the index test in the study Unclear: if insufficient information was given to explain which clinical information was available at the time of assessment No: if clinical data were not available when index test(s) was(were) interpreted
Uninterpretable results reported	Were uninterpretable/intermediate test results reported?	Yes: If the number of uninterpretable test results is stated, or if the number of results reported agrees with the number of patients recruited (indicating no uninterpretable test results) Unclear: if insufficient information was given to permit judgement No: If it states that uninterpretable test results occurred or were excluded and does not report how many
Withdrawals explained	Were withdrawals from the study explained?	Yes: if the number and reasons of all withdrawals from the study were explained(ideally by a flow chart) or if no participants were excluded from the analysis Unclear: if insufficient information was given on the withdrawals No: if not all withdrawals were explained
Learning curve/training reported of index test	Had index test reporter had appropriate training or experience in interpreting Neuroimaging?	Yes: (a) if the index test(s) executors were radiologists AND(b) if the tests interpreters had experience in Neuroimaging Unclear: if insufficient information was given to permit judgement No: (a) if the index test(s) executors were not radiologists (b) if the tests interpreters had no experience in Neuroimaging
Learning curve /training reported of reference standard	Had reference standard test operators had appropriate training or experience in shoulder surgery?	Yes: (a) if the results interpreters had experience in shoulder diseases Unclear: if insufficient information was given to permit judgement No: (a) if the results interpreters had no experience in shoulder diseases
Index test / criteria for a positive result	Index test criteria for a positive result reported??	Yes: (a) if the study provides a clear definition of a positive test result Unclear: if insufficient information was given to permit judgement No: if no definition is given of a positive test result