



(RESEARCH ARTICLE)



Evaluation of the antibacterial activity on strains responsible for diarrhoea; antioxidant and cytotoxic activities *in vitro* of the leaves and trunk bark of *Vernonia conferta* Benth (Asteraceae)

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Abstract

The high incidence of infectious diseases and the emergence of resistance to modern drugs are current public health concerns. This situation leads to the search for alternatives via medicinal plants. The objective of this study was to assess the properties of *Vernonia conferta*. We performed an experimental study. The plant material consisted of the leaves and trunk bark of *V. conferta*. The extraction was carried out by maceration using aqueous and hydro-ethanolic solvents, followed by phytochemical screening of the extracts. An evaluation of the antibacterial potential was carried out by the micro-dilution method and was followed by the evaluation of the antioxidant properties (DPPH and FRAP test) and cytotoxicity (resazurin staining) of the extracts. The E2 and E4 extracts exhibited better extraction yields. The phytochemical screening noted the presence of families of compounds in common (polyphenols, tannins and quinones) and those which are different. The hydro-ethanolic extracts exhibited antibacterial activity on the strains of interest with MICs varying from 2 to 32 mg / mL with a possibility of synergistic action between the compounds. The evaluation of the antioxidant properties showed that the extracts E1, E3 and E4 showed better properties with $IC_{50} = 25.1 \pm 0.410$; 2.456 ± 0.002 ; 2.363 ± 0.015 $\mu\text{g} / \text{mL}$ respectively according to the tested method. The extracts showed their non-cytotoxicity with $CC_{50} > 1000$ $\mu\text{g} / \text{mL}$. The activities of hydro-ethanolic extracts of *V. conferta* suggest that the latter would be a potential raw material for the production of improved traditional medicines.

Keywords: *Vernonia conferta*; Antibacterial activity; Antioxidant; Cytotoxic

1. Introduction

It is now well known that radicals play a fundamental role in several diseases. The biochemical damage they cause to cells and tissues has been implicated in several pathological disorders in humans and animals, including inflammatory and infectious diseases [1, 2, 3, 4]. Infections due to pathogenic microorganisms represent a real public health problem [5]. According to a WHO report, they are the cause of 50% of deaths in tropical countries and, 90% of these are the work of bacteria [6]. Among these infectious diseases of bacterial origin, diarrheal diseases are presented as one of the most fatal (1.8 million deaths / year), behind AIDS (2.9 million deaths / year), respiratory diseases (3.8 million deaths / year) and cardiovascular disease (over 16 million deaths / year) [7, 8] and were ranked third on the ranking of the world's deadliest diseases and second in children under five, with 525,000 deaths per year. an [9]. In modern medicine, the management of bacterial diarrhea is essentially based on antibiotic therapy [10]. However, the high cost of this

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treatment, the abusive use leading to the emergence of multiple resistance, and the limited access to quality health care force people in developing countries to resort to traditional medicine for their care. essential [11, 12]. Indeed, the WHO estimates that 80% of the populations in Africa use medicinal plants for their health problems [13]. Plants contain natural molecules that have been shown to have biological activities to decrease the damaging effect of free radicals [14]. Therefore, the discovery of new antimicrobial agents from plants that also target low toxicity free radicals can be used in herbal medicine [15]. Among these plants we find *Vernonia conferta* Benth from the Asteraceae family, a tree found in several countries whose leaves and bark are used in the form of maceration or decoction in traditional medicine to prevent infection of wounds, treatment of diarrhea, jaundice, intestinal and urogenital diseases, upset stomach and as an anthelmintic [16]. This present study was carried out in the perspective of studying the phytochemical composition and the antibacterial, antioxidant and cytotoxic properties from extracts of leaves and trunk bark of *V. conferta*.

2. Material and methods

2.1. Collection of plant materials

The plant material has been consisted of the leaves and bark of *Vernonia conferta* harvested on the morning of April 23, 2021 in the village Kalla II near Nkolbisson, in Yaoundé region of central Cameroon. The identification was carried out at the National Herbarium of Cameroon at number: 50342 / HNC. Our samples have been dried out of the sun at room temperature for 21 days, then sprayed with a three-phase VINCO® Model Y2-132S1-2.

2.2. Microorganisms

For the evaluation of the antibacterial potential of our extracts, six reference bacterial strains stored in a cool place have been used: *Shigella flexneri* (NR 518), *Salmonella enteritidis* (NR 13555), *Staphylococcus aureus* Methicillin resistant (ATCC 33591), *Staphylococcus aureus* (ATCC 43300), *Salmonella typhi* CPC (Centre Pasteur du Cameroun), *Escherichia coli* (ATCC 25922).

2.3. Extraction

The extraction was carried out according to the method described by Bagre et al. (2011) [17] with some modifications. Two hundred and fifty grams (250g) of powder from leaves and bark have been weighed using a KERN® PLS balance (range: 0.01g- 4200g) and macerated with 2.5L of an ethanol-water mixture (70:30) firstly and 3L of distilled water secondly for 48 hours, then filtered through Whatman paper No 3 paper. The filtrates have been concentrated and dried in a rotavapor (Rotavapor® BUCHI R-201) under reduced pressure at 40 ° C to obtain the dry extracts which have been conditioned and stored at 4 ° C for further study.



Figure 1 leaves (left) and whole plant (right) of *Vernonia conferta*

The extraction yield (R) was calculated according to the following formula:

$$R = \frac{(\text{mass of raw extract})}{\text{mass of powder}} \times 100$$

2.4. Phytochemical screening

The crude extracts thus obtained were subject to the identification by precipitation reactions and staining according to the methodology of the phytochemical screening performed by respective conventional reactions [18, 19]

Table 1 Usual methods of phytochemical screening

Secondary metabolite	Reagent of identification
Polyphenols	FeCl ₃ solution to 10%
Flavonoids	Ethanol, HCl, magnesium shavings
Catechic tannin	HCl- Formalin
Gallic tannin	FeCl ₃ solution to 2%
Saponins	Foam index
Coumarins	NaOH, distilled water, UV lamp 254nm
Anthocyanin	HCl, NH ₄ OH,
Alkaloids	H ₂ SO ₄ , Mayer /Dragendorff reagent
Terpenoids and Steroids	Methanol, CHCl ₃ , H ₂ SO ₄ , acetic anhydride
Quinones	H ₂ SO ₄

2.5. Antibacterial evaluation

2.5.1. Preparation of extract and standard solutions

Plant extracts solutions have been prepared at a concentration of 100 mg/mL. and Ciprofloxacin standard has been prepared in the same conditions at a concentration of 1mg/mL. The dissolving solvent is sterile distilled water.

2.5.2. Bacterial inoculums preparation

An aseptic condition for each bacterial strain, the bacteria have been subcultured on Muller-Hinton-Agar agars in kneading dishes, by the streak method, then incubated at 37 °C for 24 hours to obtain young colonies used for the preparation of the bacterial inoculum.

From the 24 hours colonies, 1 to 3 colonies were picked using a platinum loop and introduced into 2 to 3 mL of sterile physiological water, to obtain turbidity similar to that of point 0.5 on the McFarland scale, corresponding to a variant concentration between 10⁶ and 10⁸ Colonial Forming Units / mL.

2.5.3. Determination of minimum inhibitory concentrations (MIC)

The tests have been carried out in triplicate in sterile 96-well microplates. Indeed, 72 µL of MHB culture medium have been introduced in the first wells and 100 µL in the rest of the wells of the plate. Then, 128 µL of a sterile solution of each extract at the concentration of 100 mg / mL have been taken and introduced in the corresponding wells, followed by a series of dilutions of geometric reason of order 2. Finally, 100 µL of bacterial suspension at the concentration of 10⁶ cells / mL have been distributed in the test wells and those of the negative control. The concentrations of extracts and Ciprofloxacin in the wells ranged from 32mg / mL to 1mg / mL and from 1.95 µg / mL to 0.153 µg / mL respectively and the final concentration of the inoculum in each well was 5x10⁵ cells. / mL. The sterility control has been constituted only of the culture medium. The positive control was constituted of the culture medium, inoculum and ciprofloxacin. The microplates have been covered and then incubated at 37 °C for 24 hours. At the end of the incubation period, 20µL of a freshly prepared resazurin solution (0.15 mg / mL) have been added to all wells and the plates have been incubated

in the same conditions for 30 minutes. The smallest concentration at which no change in color from blue to pink was observed corresponding to an absence of visible growth of the bacteria was considered to be MIC [20].

2.5.4. Determination of minimum bactericidal concentrations (MBC)

The evaluation of this parameter has been carried out by transplanting in liquid medium of the preparations from the plates used to determine the MIC. After incubation of the plates, 25 μ L have been taken from the wells corresponding to the MIC then transferred to the wells of another previously prepared plate containing 175 μ L of MHB. Thereby, the quantities of extracts contained in these different wells have been diluted 8 times in order to eliminate the inhibitory effect of the extract tested. The plates have been covered and incubated at 37 ° C for 48 hours. The tests have been carried out in triplicate. At the end of the incubation time, 20 μ L of resazurin have been added to each well and the plates reincubated at 37 ° C for 30 min and the smallest concentration of an extract showing no bacterial growth marked by the no-change in color of the resazurin (blue) was considered to be the bactericidal concentration of the extract [21]

2.6. Antioxidant activity assessment

2.6.1. DPPH assay

The determination of the antioxidant power of our extracts has been carried out using the DPPH radical according to the method previously described by Dieng et al. (2015) [22]. 0.02% ethanolic solution of DPPH has been prepared. Then to 25 μ L of each solution of the extracts, has been added 75 μ L of the DPPH solution. All the extracts as well as the positive control (gallic acid) have been tested at different concentrations (500; 250; 125; 62.5; 31.25; 15.62; 7.81 μ g / mL).

Absorbance has been measured at 517 nm after incubation in the dark for 30 min. The tests were carried out in triplicate. The antioxidant activity linked to the scavenging effect of the DPPH[•] radical has been expressed as a percentage inhibition (PI) using the following formula.

$$(PI) = \frac{\text{Absorbance control} - \text{Absorbance sample}}{\text{Absorbance control}} \times 100$$

2.6.2. FRAP assay (Ferric Reducing Antioxidant Power Assay)

The evaluation of the antioxidant power of our extracts has been then carried out by the Fe³⁺ reduction method previously described by Gohari al. (2011) [23]. To 25 μ L of each solution of the extracts at different concentrations, has been added 25 μ L of an iron (III) chloride solution at 1.2 mg / mL. After 15 minutes of incubation in the dark, 50 μ L of the 0.2% orthophenantroline solution have been added and the optical density of the contents of the wells has been read at 505nm with a plate reader (TECAN M200) after a second incubation of 15 min. All the extracts as well as the positive control (gallic acid) have been tested at different concentrations (500; 250; 125; 62.5; 31.25; 15.62; 15.62; 7.81; 3.90 μ g / mL). The tests were carried out in triplicate.

2.7. Cytotoxicity assay

The evaluation of the cytotoxicity of our extracts has been evaluated according to the method described by Bowling et al. (2012) [24]. The Vero cell line (ATCC CRL 1586) from the normal kidney of the African green monkey has been maintained in complete modified Dulbecco Eagle medium supplemented with 10% fetal bovine serum, 0.2% sodium bicarbonate (w / v) with a combination penicillin-streptomycin 1% (v / v). The cells have been maintained at 37 ° C for 72 hours in a 5% CO₂ incubator; the medium has been renewed every 72 h and the cell density has been monitored under a reverse fluorescence microscope Etaluma® 520 until the formation. of a monolayer. The confluent culture (nearly 90%) has been mixed with a solution of trypsin (0.05% Trypsin-EDTA), then centrifuged at 1800 rpm for 5 min and the resulting pellet has been resuspended in the culture medium. A cell with a density of 10,000 cells per well in a 100 μ L suspension has been seeded on 96-well plates and incubated for 24 hours at 5% CO₂ and 37 ° C. to reach 90% confluence. 10 μ L of the extracts and of the control have been added after 24 hours at a starting concentration of 500 μ g / ml. Positive control (Podophyllotoxin) has been added at a concentration of 20 μ M. Subsequently, 10 μ L of Resazurin solution (0.15 mg / mL in sterile PBS) have been added to all the wells and incubated for an additional 4 hours in the same conditions. Fluorescence has been read using a Magelan Infinite M200(Tecan) Multiwell Plate Fluorescence Reader at excitation and emission wavelengths of 530 and 590 nm respectively.

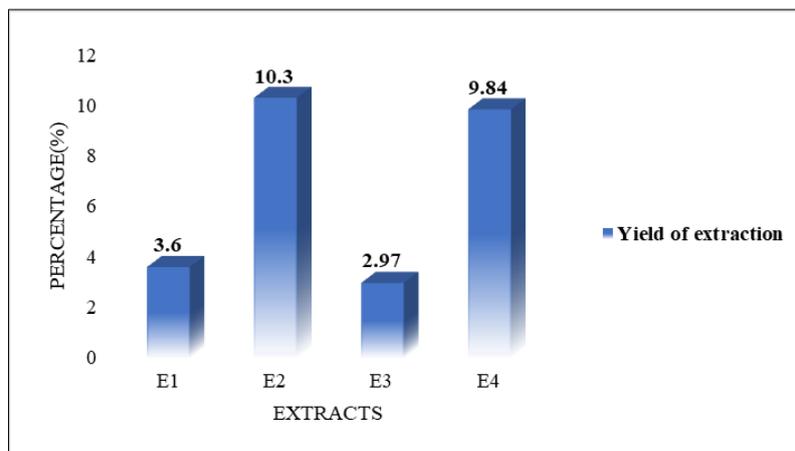
2.8. Data analysis

Every experiment has been repeated three times. The obtained data have been analysed by GraphPad Prism 5.0 software and subjected to analysis of variance (ANOVA). Statistical significance was set at $P < 0.05$. All the values have been expressed as mean \pm standard deviation.

3. Results

3.1. Extraction efficiency

For the determination of the yields, the present work has led to obtaining the values for each of the extracts. Figure 2 shows the details relating to this starting operation.



E1: Aqueous extract from the barks of *V. conferta*; **E2:** Aqueous extract from the leaves of *V. conferta*; **E3:** Hydroethanolic extract from the barks of *V. conferta*; **E4:** Hydroethanolic extract from the leaves of *V. conferta*;

Figure 2 Extraction yield of the different extracts

Figure 2 shows us that the extraction yields have been better with the aqueous and hydro-ethanolic maceration of the leaves of *V. conferta* (10.30 and 9.84% respectively).

3.2. Phytochemical screening

Phytochemical analysis of secondary metabolites tested in the different extracts, allowed us to obtain the results recorded in the Table 2.

Table 2 Results of phytochemical analysis

Secondary metabolites	E1	E2	E3	E4
Polyphenols	+	+	+	+
Tannins	+	+	+	+
Quinones	+	+	+	+
Coumarins	+	+	+	+
Anthocyanin	-	-	-	-
Saponins	-	-	-	-
Steroids	-	-	+	+
Alkaloids	-	-	+	+
Flavonoids	-	+	-	+
Terpenoids	-	-	+	+

E1: Aqueous extract from the barks of *V. conferta*; **E2:** Aqueous extract from the leaves of *V. conferta*; **E3:** Hydroethanolic extract from the barks of *V. conferta*; **E4:** Hydroethanolic extract from the leaves of *V. conferta*; +: present; -: absent

The results presented in Table 2 have shown firstly that the polyphenols, tannins, coumarins and quinones are present in all the extracts. Then the flavonoids are found only in the leaves. However, steroids, terpenoids and alkaloids are present only in hydroethanolic extracts. Finally, we note the absence of anthocyanins and saponins in all extracts.

3.3. Antibacterial evaluation

The results of the antibacterial activity of our extracts have been recorded in Table 3.

Table 3 Minimum Inhibitory Concentration and Minimum Bactericidal Concentration of extracts

extract	SF		EC		ST		SA		SAMR	
	MIC (mg/mL)	MBC (mg/mL)								
E1	Nd									
E2	Nd									
E3	>32	>32	32	>32	32	>32	16	32	4	16
E4	32	>32	32	>32	>32	>32	16	>32	2	8
CP	0.062	0.031	0.031	0.062	0.01	0.062	0.031	0.125	0.015	0.031

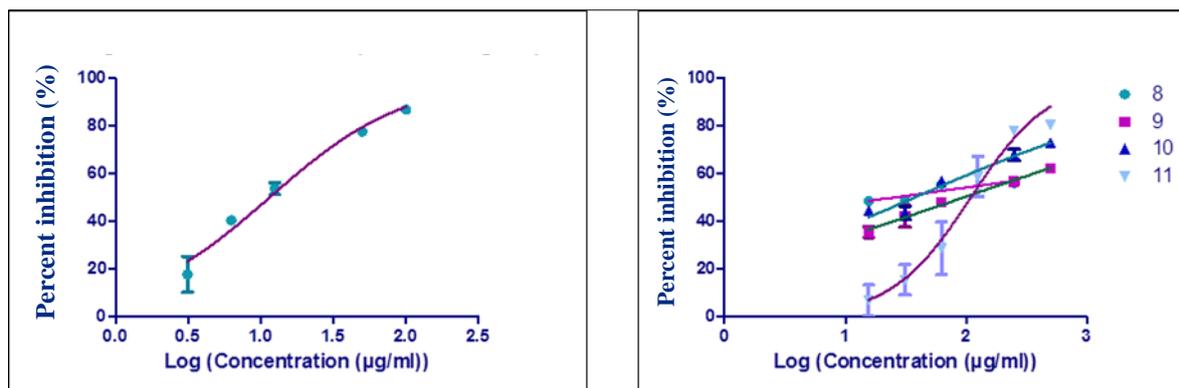
E1: Aqueous extract from the barks of *V. conferta*; E2: Aqueous extract from the leaves of *V. conferta*; E3: Hydroethanolic extract from the barks of *V. conferta*; E4: Hydroethanolic extract from the leaves of *V. conferta*; SF : *Shigella flexneri* NR 518, SE : *Salmonella enteritidis* NR 13555, SAMR : *Staphylococcus aureus* Methicillin resistant ATCC 33591, SA : *Staphylococcus aureus* ATCC 43300, ST : *Salmonella typhi* CPC (Centre Pasteur du Cameroun), EC : *Escherichia coli* ATCC 25922, CP : Ciprofloxacin; Nd: Not determined

The analysis of Table 3 allowed us to observe that certain strains have been sensitive (*S. aureus* and SAMR) than others. Only the hydroethanolic extracts had MIC values between 2 and 32 mg/mL.

3.4. Antioxidant assay

3.4.1. DPPH assay

The percentages of inhibition of the extracts and the gallic acid are presented in Figure 3.



8: Aqueous extract from the barks of *V. conferta*, 9: Aqueous extract from the leaves of *V. conferta*, 10: Hydroethanolic extract from the barks of *V. conferta*, 11: Hydroethanolic extract from the leaves of *V. conferta*

Figure 3 Percent inhibition of gallic acid (left) and extracts (right)

Figure 3 shows the logarithmic concentrations at which the DPPH radical has been trapped.

At different concentrations, the aqueous extract of *V. conferta* bark powder showed the best percent inhibition. To better compare the antioxidant potential of the extracts, the IC₅₀ values have been determined (Table 4). The aqueous extract of *V. conferta* bark powder showed the lowest IC₅₀ (Table 4).

Table 4 IC₅₀ of different extracts and positive control

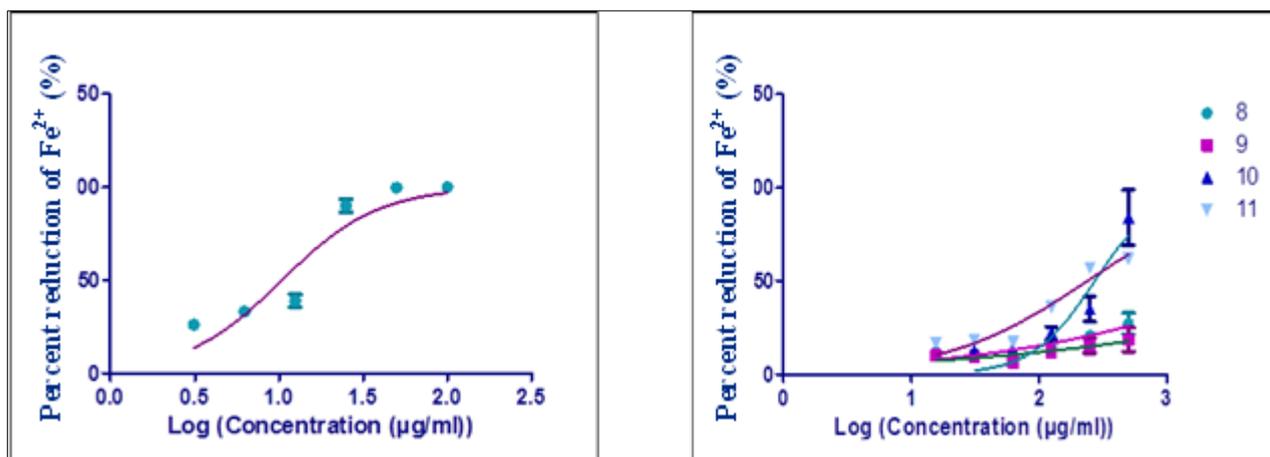
DPPH	
Extract	IC ₅₀ (µg/mL)
E1	25.1±0.410 ^b
E2	99.51±14.842 ^d
E3	37.5±0.240 ^c
E4	106.5±8.909
Gallic acid	11.41±0.134 ^a

E1: Aqueous extract from the barks of *V. conferta*; **E2:** Aqueous extract from the leaves of *V. conferta*; **E3:** Hydroethanolic extract from the barks of *V. conferta*; **E4:** Hydroethanolic extract from the leaves of *V. conferta*

Different letters indicated statistically significant differences between means according to Duncan's new multiple range test (P<0.05).

3.4.2. FRAP assay (Ferric Reducing Antioxidant Power Assay)

The percentages of inhibition of the extracts and the gallic acid are presented in Figure 4.



8: Aqueous extract from the barks of *V. conferta*; **9:** Aqueous extract from the leaves of *V. conferta*; **10:** Hydroethanolic extract from the barks of *V. conferta*; **11:** Hydroethanolic extract from the leaves of *V. conferta*

Figure 4 Percent inhibition of gallic acid (left) and extracts (right)**Table 5** IC₅₀ of different extracts and positive control

FRAP	
Extract	IC ₅₀ (µg/mL)
E1	>500 ^c
E2	>500 ^c
E3	2.456±0.002 ^b
E4	2.363±0.015 ^b
Gallic acid	10.46±0.722 ^a

E1: Aqueous extract from the barks of *V. conferta*; **E2:** Aqueous extract from the leaves of *V. conferta*; **E3:** Hydroethanolic extract from the barks of *V. conferta*; **E4:** Hydroethanolic extract from the leaves of *V. conferta*

Different letters indicated statistically significant differences between means according to Duncan's new multiple range test (P<0.05).

Figure 4 shows the logarithmic concentrations at which Fe³⁺ has been reduced. At different concentrations, the hydroethanolic extract of the bark powder and leaves of *V. conferta* showed the best percentages of inhibition. To better compare the antioxidant potential of the extracts, the IC₅₀ values have been determined. The hydroethanolic extracts of the bark powder and leaves of *V. conferta* showed the lowest IC₅₀ (Table 5).

3.5. Cytotoxicity assay

The cytotoxicity activity of our extracts has been evaluated according to the cytotoxicity criteria of crude extracts as established by the American National Cancer Institute (NCI) stipulating that the CC₅₀ of the extract <30 µg / mL demonstrates a cytotoxic extract [25].

In this study, our different extracts tested showed no cytotoxic effect on VERO cells because all the extracts had an CC₅₀> 30 µg / mL (Table 6).

Table 6 Extract cytotoxicity results

Extract	CC ₅₀ (µg/mL) In Vero cells
E1	>1000
E2	>1000
E3	>1000
E4	>1000

E1: Aqueous extract from the barks of *V. conferta*; **E2:** Aqueous extract from the leaves of *V. conferta*; **E3:** Hydroethanolic extract from the barks of *V. conferta*; **E4:** Hydroethanolic extract from the leaves of *V. conferta*; **CC₅₀:** Cytotoxic Concentration 50

4. Discussion

The present work aimed to evaluate the antibacterial, antioxidant and cytotoxic activities of powder extracts from the leaves and bark of *Vernonia conferta*. The results obtained showed that the best extraction yields have been obtained by aqueous (10.30%) and hydroethanolic (9.84%) maceration of the leaf powders and weak with the bark powder. This result can initially be justified by the nature of the solvent used. Indeed, maceration with hydroethanolic and aqueous solvents would make it possible to extract compounds of high and medium polarity [26]. Secondly, by the concentration of molecules in the parts of a plant. Indeed, studies have shown that the leaves are the seat of photosynthesis and therefore of synthesis and accumulation of molecules [27]. This result has been also found on species of the same genus, in particular on the bark of *Vernonia cinerea* where a low yield (6.08%) has been reported [28].

Phytochemical screening on all the extracts showed that they had in common four (polyphenols, tannins, coumarins and quinones) of the ten secondary metabolites sought in this work. Two extracts (hydroethanolic extracts from the bark and the leaves) showed the presence of terpenoids, alkaloids and steroids. It's to highlight that the saponins and anthocyanins were absent in all the extracts (Table 2). In view of the above, the hydroethanolic extract of the leaves has been the richest in secondary metabolites, which justifies its high yield. These results are similar to the work carried out on the species *V. ambigua*, *V. blumeoides* and *V. oocephata* where alkaloids, flavonoids, tannins, steroids and terpenes have been found in ethanolic extracts of the leaves [29] and on the same species of our study where it was shown the presence of alkaloids, steroids and terpenes [30]. These different bioactive compounds present in each of the extracts could attribute different biological activities to the extracts, in particular the antioxidant activity [31; 32] and antibacterial [32; 33].

The evaluation of the antibacterial potential of our extracts showed that the aqueous extracts (leaves and bark) at the concentrations used did not inhibit the bacterial strains used in this work, unlike the hydroethanolic extracts. According to these results, the hydroethanolic extracts showed a more pronounced antibacterial potential on the *Staphylococcus aureus* Methicillin resistant strain with MICs ranging from 4 to 16 mg / mL for the hydroethanolic extract of the bark and a MIC ranging from 2 to 8 mg / mL for the hydroethanolic extract of the leaves (Table 3); this would show that our two extracts have more activity on gram-positive bacteria. Works on the species *V. amigdalina* have shown that hydroethanolic extracts have a more pronounced inhibition than aqueous ones on bacterial strains [34]. However, the aqueous extracts not having shown any activity, would suggest that the antibacterial potential of our extracts would not be attributed to the polyphenols but to the compounds present in the hydroethanolic extracts (alkaloids, steroids and

terpenes) (Table 2) which have already had to demonstrate their antibacterial properties [35, 36, 37]. nevertheless, it should be noted that the activity of the hydroethanolic extract of the leaves has been slightly more pronounced than that of the hydroethanolic extract of the bark. This could be due to the presence of flavonoids in the hydroethanolic extract of the leaves which would have had a synergistic action with the other constituents [38]. However, according to a classification of the activity of plant extracts according to the value of their MIC revealed by Toam et al. (2016) [39], our extracts used in this study are weakly active on all bacteria. Indeed, for this author, the activity of an extract is significant if the MIC is less than 500 µg / mL. It is said to be moderate if the MIC is between 500 and 1500µg / mL and low if the MIC is greater than 1500µg / mL [39]. It would therefore be interesting to study the antibacterial potential of the essential oil of this species

The use of a hydroalcoholic and aqueous solvent made it possible to extract from the leaves, bark and stems of our samples (bark and leaves of *V. conferta*) polar compounds such as polyphenols [40] which are part of the main components of plants with antioxidant activity [41]. However, the results of the antioxidant activity carried out on all the extracts have showed that the hydroethanolic extracts of the leaves and bark of *V. conferta* have showed better antioxidant activities on the FRAP test (Table 5); and the aqueous extract of the bark of *V. conferta* has showed better antioxidant activity on the DPPH test (Table 4). It would have been interesting to assess the polyphenol content of our different extracts. Indeed, these results show that the antioxidant activity of our extracts would not only be attributed to the polyphenols present but also to other metabolites found, in particular alkaloids, steroids and terpenoids found in the hydroethanolic extract of the bark (Table 1). These results have been found on other species of the same genus, in particular on the leaves of *V. cinerea* and *V. amygdalina* where the hydroethanolic extract of the leaves of *V. cinerea* had a more interesting activity than that of the extract. aqueous *V. amygdalina* leaves on the DPPH test [42,43].

5. Conclusion

The hydroethanolic maceration of the leaves and bark of *V. conferta* is an interesting technique for the production of the high value of active extracts. The result of this study pointed out that antibacterial, antioxidant activities and non-cytotoxic exhaled by *in vitro* hydroethanolic extracts due to the presence of bioactive compounds. Further research is necessary to identify of the therapeutic molecules and even to study the effectiveness of its essential oil to enable the production of " Médicaments Traditionnels Améliorés".

Compliance with ethical standards

Acknowledgments

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Disclosure of conflict of interest

The authors declare that there are no conflicting interests.

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